Roasted Beef Hot Dog on a	
Bun	

Tator Tots Steamed Corn

8

15

Turkey & Cheese Sandwich

Baby Carrots Diced Peaches Banana 1% Unflavored Milk

16

Classic Cheeseburger Potato Wedges

Baked Beans, Vegetarian

Ham Deli Sub Sandwich Cauliflower Floret

Diced Peaches Fresh Pear 1% Unflavored Milk Fat Free Chocolate Milk

23

22 **HOM Green Beans**

French Bread Italian Dunkers Marinara Sauce Swavory - The Kids Made Green Beans!

Turkey & Cheese Sandwich Red/Orange Vegetable Diced Peaches Apple 1% Unflavored Milk

Fat Free Chocolate Milk

29

Inside Out Pot Pie

Peas & Carrots Whole Grain Dinner Roll

Ham Deli Sub Sandwich

Cucumber Slices **Diced Peaches** Broccoli Florets 1% Unflavored Milk Fat Free Chocolate Milk

Italian Beef Lasagna Garlic Toast

Roasted Broccoli Turkey & Cheese Sandwich Cucumber Slices

Mixed Fruit Banana 1% Unflavored Milk

Fat Free Chocolate Milk

Homemade Tomato Soup

Ham Deli Sub Sandwich

1% Unflavored Milk

Fat Free Chocolate Milk

Crispy Chicken Sandwich

Turkey & Cheese Sandwich

Potato Wedges

Roasted Corn

Baby Carrots

Mixed Fruit

Fresh Pear

30

1% Unflavored Milk

Orange Chicken

Chicken Fried Rice

Ham Deli Sub Sandwich

Kung Fu Carrots

Cucumber Slices

1% Unflavored Milk

Fat Free Chocolate Milk

Mixed Fruit

Fat Free Chocolate Milk

Cheesy Ham Melt

Roasted Broccoli

Celery Sticks Mixed Fruit

Fresh Pear

10

Chicken Potstickers Chicken Fried Rice Kung Fu Carrots

Turkey & Cheese Sandwich

Red/Orange Vegetable Diced Peaches Apple 1% Unflavored Milk

Fat Free Chocolate Milk

17

Crispy Chicken Nuggets

Sweet Potato Tots Whole Grain Dinner Roll

Ham Deli Sub Sandwich

Cucumber Slices Pineapple Tidbits Fresh Pear 1% Unflavored Milk Fat Free Chocolate Milk

Beefy Nachos with Homemade Cheese Sauce

Refried Beans Lettuce, Tomato and Cheese

Turkey & Cheese Sandwich Diced Red/Orange Bell

Pepper Pineapple Tidbits Fresh Orange Quarters 1% Unflavored Milk

Creamy Chicken Spaghetti Bread Stick

Celery Sticks

1% Unflavored Milk

Fat Free Chocolate Milk

Beefy Nachos with Cheese

Lettuce, Tomato and Cheese

nad Mille

Turkey & Cheese Sandwich

Creamy Macaroni & Cheese

Whole Grain Dinner Roll

Ham Deli Sub Sandwich

Roasted Carrots

Other Vegetable

1% Unflavored Milk

Fat Free Chocolate Milk

Applesauce

Fresh Pear

Spiced Pinto Beans

Baby Carrots Applesauce

Fresh Pear

18

Applesauce Orange

11

Sauce

Salsa

Roasted Broccoli

Turkey & Cheese Sandwich Red/Orange Vegetable

Applesauce Mixed Berries 1% Unflavored Milk Fat Free Chocolate Milk

Turkey Munchable

Celery Sticks Diced Pears Fresh Grapes 1% Unflavored Milk Fat Free Chocolate Milk

12

Homemade Cheese Pizza California Blend Vegetable

Turkey & Cheese Sandwich

Red/Orange Vegetables Fresh Cantaloupe Fresh Orange Quarters 1% Unflavored Milk Fat Free Chocolate Milk

19

Chicken Tacos

Black Beans Salsa Lettuce, Tomato and Cheese

Ham Deli Sub Sandwich Cauliflower Floret

Mixed Berries Fresh Pear 1% Unflavored Milk

Country Fried Chicken and Gravy

Mashed Potatoes **Glazed Carrots**

Turkey & Cheese Sandwich Crispy Chicken Salad Red/Orange Vegetable

Diced Pears Fresh Grapes Choice of Milk

This is for Food 4 Thought

4 XTR/

Questions or comments please contact Taher Food Service Director Annie Topic at a.topic@taher.com or call 952-873-2414



Your MENUS plus more Information on our app Teher Food4Life®

