



# Oak Crest

October  
2025

## LUNCH

| MONDAY                                                                                                                                                                                                                                                      | TUESDAY                                                                                                                                                                                                                 | WEDNESDAY                                                                                                                                                                                                         | THURSDAY                                                                                                                                                                                                                           | FRIDAY                                                                                                                                                                                                                       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>29</b><br><br><p>This is for Food 4 Thought</p>                                                                                                                                                                                                          | <b>30</b>                                                                                                                                                                                                               | <b>1</b><br>Homestyle Meatloaf<br>Mashed Potatoes<br>Gravy<br>Whole Grain Dinner Roll<br>Deli Sandwich<br>Cucumber Slices<br>Pineapple Tidbits<br>Apple<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk    | <b>2</b><br>All American Hamburger on a Bun<br>Baked Beans, Vegetarian<br>Lettuce and Tomato<br>Deli Sandwich<br>Cucumber Slices<br>Fresh Pear<br>Fresh Orange Quarters<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk     | <b>3</b><br>Homemade Cheese Pizza<br>Roasted Broccoli<br>Deli Sandwich<br>Baby Carrots<br>Diced Peas<br>Banana<br>1% Unflavored White Milk                                                                                   |
| <b>6</b><br>Creamy Macaroni & Cheese<br>Hot Dog, Half<br>Whole Grain Dinner Roll<br>Deli Sandwich<br>Cherry Tomato<br>Diced Peaches<br>Fresh Pear<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk                                                    | <b>7</b><br>Soft Beef Tacos<br>Black Beans & Rice<br>Salsa<br>Lettuce, Tomato and Cheese<br>Deli Sandwich<br>Cauliflower Floret<br>Mixed Fruit<br>Apple<br>Honey Roasted Cinnamon Chickpeas<br>1% Unflavored White Milk | <b>8</b><br>Roasted Beef Hot Dog on a Bun<br>Tator Tots<br>Creamy Coleslaw<br>Deli Sandwich<br>Baby Carrots<br>Pineapple Tidbits<br>Fresh Pear<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk             | <b>9</b><br>Popcorn Chicken Bowl<br>Mashed Potatoes<br>Steamed Corn<br>Whole Grain Dinner Roll<br>Deli Sandwich<br>Applesauce<br>Fresh Pear<br>Diced Red/Orange Bell Pepper<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk | <b>10</b><br>Hearty Beef Chili<br>Cornbread Snack Bread, WG<br>Shredded Cheddar Cheese<br>Deli Sandwich<br>Red/Orange Vegetable<br>Banana<br>Orange<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk                   |
| <b>13</b><br>Cheese Bosco Sticks<br>Marinara Sauce<br>Steamed Green Beans<br>Deli Sandwich<br>Swavory - Salad Greens w/ Oranges, Strawberries & Vanilla Vinaigrette<br>Diced Peaches<br>Fresh Grapes<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk | <b>14</b><br>Fluffy Pancakes<br>Breakfast Potatoes<br>Pork Sausage Link<br>Deli Sandwich<br>Celery Sticks<br>Mixed Fruit<br>Apple<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk                                | <b>15</b><br>Orange Chicken<br>Brown Rice, WG<br>Steamed Carrots<br>Deli Sandwich<br>Cucumber Slices<br>Pineapple Tidbits<br>Fresh Grapes<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk                  | <b>16</b><br>No School MEA                                                                                                                                                                                                         | <b>17</b><br>No School MEA                                                                                                                                                                                                   |
| <b>20</b><br>Corn Dog<br>French Fries<br>Baked Beans, Vegetarian<br>Deli Sandwich<br>Red/Orange Vegetable<br>Fresh Pear<br>Banana<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk                                                                    | <b>21</b><br>Chicken Alfredo w/Pasta<br>Roasted Broccoli<br>Garlic Toast<br>Deli Sandwich<br>Mixed Fruit<br>Red/Orange Vegetable<br>Apple<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk                        | <b>22</b><br>Chicken Potstickers<br>Chicken Fried Rice<br>Mixed Vegetables<br>Deli Sandwich<br>Pineapple Tidbits<br>Banana<br>Red/Orange Vegetable<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk         | <b>23</b><br>Beefy Nachos with Homemade Cheese Sauce<br>Salsa<br>Spiced Pinto Beans<br>Sour Cream<br>Deli Sandwich<br>Cucumber Slices<br>Applesauce<br>Red/Orange Bell Pepper Strips<br>1% Unflavored White Milk                   | <b>24</b><br>Homemade Cheese Pizza<br>California Blend Vegetable<br>Deli Sandwich<br>Baby Carrots<br>Diced Peas<br>Apple<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk                                              |
| <b>27</b><br>Pasta w/ Hearty Meat Sauce<br>Garlic Breadstick<br>Mixed Vegetables<br>Deli Sandwich<br>Other Vegetable<br>Diced Peaches<br>Apple<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk                                                       | <b>28</b><br>French Bread Italian Dunkers<br>Marinara Sauce<br>Roasted Broccoli<br>Deli Sandwich<br>Cauliflower Floret<br>Fresh Pear<br>Applesauce<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk               | <b>29</b><br>Crispy Chicken Nuggets<br>Sweet Potato Tots<br>Whole Grain Dinner Roll<br>Deli Sandwich<br>Other Vegetable<br>Pineapple Tidbits<br>Fresh Pear<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk | <b>30</b><br>Tater Tot Casserole<br>Whole Grain Dinner Roll<br>Roasted Carrots<br>Deli Sandwich<br>Other Vegetable<br>Applesauce<br>Fresh Pear<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk                              | <b>31</b><br>Roasted Beef Hot Dog on a Bun<br>Baked Beans, Vegetarian<br>Kettle Potato Chips<br>Deli Sandwich<br>Cucumber Slices<br>Green Pepper Slices<br>Fresh Pear<br>1% Unflavored White Milk<br>Fat Free Chocolate Milk |

Adult Lunch  
Extra Milk

\$5.50  
\$5.55

EXTRA INFO

Questions or comments please contact Taher  
Food Service Director Annie Topic at  
a.topic@taher.com or call 952-873-2414

HARVEST OF



THE MONTH

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