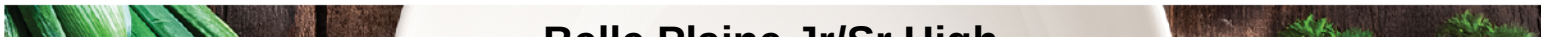


Belle Plaine Jr/Sr High

October
2025

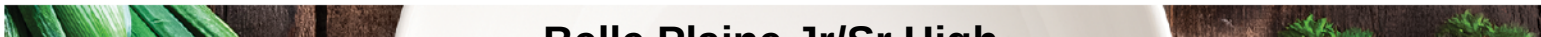
Lunch



Belle Plaine Jr/Sr High

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Lunch



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Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 This is for Food 4 Thought	30	1 Homestyle Meatloaf Cheesy Mashed Potatoes Roasted Corn Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	2 Inside Out Pot Pie Steamed Broccoli Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	3 BBQ Rib Sandwich Baked Beans, Vegetarian French Fries Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk
6 Pork Roast Garlic Mashed Potato Steamed Green Beans All American Hamburger on a Bun Deli Sandwich or Salads Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	7 Pasta with Hearty Meat Sauce Bread Stick Garlic & Herb Broccoli All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	8 Beefy Nachos w/Cheese Sauce Black Beans Salsa Lettuce, Tomato and Cheese Classic Cheeseburger Deli Sandwiches or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies	9 Orange Chicken Brown Rice, WG Mixed Vegetables All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	10 All American Hamburger on a Bun Crispy Chicken Sandwich Spicy Chicken Sandwich Corn Dog Roasted Beef Hot Dog on a Bun Fish Sandwich w/Cheese Kung Fu Carrots Variety of Deli Sandwich or Salad
13 Chicken Alfredo w/Pasta Bread Stick Garlic & Herb Broccoli Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	14 Beef Stroganoff w/ Egg Noodles Whole Grain Dinner Roll Steamed Green Beans Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	15 Totchos Salsa Black Beans Lettuce, Tomato and Cheese Classic Cheeseburger Variety of Deli Sandwich or Salad Cheese and Variety of Pizza Roasted Honey Cinnamon Chickpeas Fresh Fruit Bar	16	17
20 Soft Beef Tacos Lettuce, Tomato and Cheese Churro Black Beans Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	21 Chicken & Gravy Mashed Potatoes Steamed Corn Dinner Roll Roasted Beef Hot Dog on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies	22 Chicken Potstickers Chicken Fried Rice Mixed Vegetables Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	23 BBQ Pulled Pork Sliders Creamy Coleslaw Tator Tots Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	24 Homemade Cheese Pizza Cheeseburger Pizza Buffalo Chicken Pizza Chicken Bacon Ranch Pizza Homemade Pepperoni Pizza BBQ Chicken Pizza Classic Cheeseburger Variety of Deli Sandwich or Salad Fresh Fruit Bar Variety of Veggies
27 Philly Cheesesteak Cucumber Ranch Salad Tator Tots All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	28 Homemade Salisbury Steak Garlic Mashed Potato Peas & Carrots All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	29 Chicken Parmesan w/Pasta Whole Grain Dinner Roll Steamed Green Beans All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	30 Tater Tot Casserole Whole Grain Dinner Roll Mixed Vegetables Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	31 Italian Stromboli Caesar Side Salad Roasted Broccoli All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk

PRICES

PRICES	
Adult Lunch	\$5.50
Extra Milk	\$.55

EXTRA INFO	
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PRICES	
Adult Lunch	\$5.50
Extra Milk	\$.55

EXTRA INFO	
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EXTRA INFO

EXTRA INFO

Questions or comments please contact Taher
Food Service Director Annie Topic at
a.topic@taher.com or call 952-873-2414

HARVEST OF



THE MONTH

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