Belle Plaine School District

October 2026

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 This is for Food 4 Thought	**29**	**30**	**1** Banana Chocolate Chip Snack Bread,WG Cheese Stick Graham Crackers Cold Cereal Variety Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**2** Cream Cheese Frosted Long John Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
5 Apple Frudel, WG Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**6** Sausage& Cheese on a Biscuit Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**7** Choc Chip Snack Bread, WG Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**8** Cinnamon Roll Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**9** Yogurt Parfait with Strawberries & Granola Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
12 French Toast Snack Bread, WG Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**13** Bacon Breakfast Pizza Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**14** Mini Cinnamon Waffles,WG Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk Fat Free Chocolate Milk	**15**	**16**
19 Brekkie, WG Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk Fat Free Chocolate Milk	**20** Pancake on a Stick,WG Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**21** Blueberry Snack Bread, WG Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk Fat Free Chocolate Milk	**22** Strawberry Cream Cheese Filled Bagel Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**23** Cherry Frudel, WG Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
26 Banana Chocolate Chip Snack Bread,WG Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**27** Cinnamon Cream Cheese Filled Bagel, WG Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk Fat Free Chocolate Milk	**28** French Toast Sticks Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**29** Mini Maple Pancakes, WG Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**30** Cream Cheese Frosted Long John Cheese Stick Cold Cereal Variety Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk

PRICES

Extra Breakfast	$2.55
Extra Milk	$.55

EXTRA INFO

Questions and comments, please contact Taher Food Service Director Annie Topic at 952-873-2414 or email atopic@taher.com

HARVEST OF THE MONTH



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FOOD 4 LIFE TAHER

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