

Belle Plaine Jr/Sr High

LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 No School	4	5	6	7
	Homestyle Meatloaf Cheesy Mashed Potatoes Roasted Corn Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	Pasta with Hearty Meat Sauce Bread Stick Garlic & Herb Broccoli All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies	Inside Out Pot Pie Steamed Broccoli Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	Beefy Nachos w/Cheese Sauce Black Beans Salsa Lettuce, Tomato and Cheese Classic Cheeseburger Deli Sandwiches or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar
10	11	12	13	14
Pork Roast Garlic Mashed Potato Steamed Green Beans All American Hamburger on a Bun Deli Sandwich or Salads Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies	Chicken Potstickers Chicken Fried Rice Kung Fu Carrots Crispy Chicken Nuggets Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	Beef Stroganoff w/ Egg Noodles Whole Grain Dinner Roll Steamed Green Beans Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies	Totchos Salsa Black Beans Lettuce, Tomato and Cheese Classic Cheeseburger Variety of Deli Sandwich or Salad Cheese and Variety of Pizza Roasted Honey Cinnamon Chickpeas	Italian Beef Lasagna Bread Stick Peas & Carrots Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk
17	18	19	20 HOM: Pumpkin & Sage	21
Soft Beef Tacos Lettuce, Tomato and Cheese Churro Black Beans Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies	Chicken & Gravy Mashed Potatoes Steamed Corn Dinner Roll Roasted Beef Hot Dog on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar	Chicken Parmesan w/Pasta Whole Grain Dinner Roll Steamed Green Beans All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies	Tater Tot Casserole Whole Grain Dinner Roll Mixed Vegetables Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	BBQ Pulled Pork Sliders Creamy Coleslaw Tator Tots Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk
24	25	26	27 Happy Turkey Day	28
All American Hamburger on a Bun Crispy Chicken Sandwich Spicy Chicken Sandwich Corn Dog Roasted Beef Hot Dog on a Bun Fish Sandwich w/Cheese Kung Fu Carrots Variety of Deli Sandwich or Salad	Homemade Cheese Pizza Cheeseburger Pizza Buffalo Chicken Pizza Chicken Bacon Ranch Pizza Homemade Pepperoni Pizza BBQ Chicken Pizza Classic Cheeseburger Variety of Deli Sandwich or Salad Fresh Fruit Bar Variety of Veggies	No School	No School	No School
				This is for Food 4 Thought Menus and nutrition our app

Extra Lunch Extra Milk

PRICES

EXTRA INFO

Questions or comments please contact Taher Food Service Director Annie Topic at a.topic@taher.com or call 952-873-2414





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