Belle Plaine School District

October 2025

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 This is for Food 4 Thought	**30**	**1** Bacon, Egg & Cheese on Biscuit Cinnamon Toast Crunch Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**2** Apple Cinnamon Muffin Cheese Stick Cocoa Puffs Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**3** French Toast Snack Bread, WG Cheese Stick Lucky Charms Cereal Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk
6 Cinnamon Cream Cheese Filled Bagel Cheese Stick Cheerios Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**7** Banana Chocolate Chip Snack Bread,WG Cheese Stick Cinnamon Toast Crunch Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**8** Mini Pancakes Cheese Stick Cinnamon Chex Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**9** Yogurt Parfait with Strawberries & Granola Lucky Charms Cereal Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**10** Apple Frudel Cheese Stick Cinnamon Chex Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
13 Mini Eggo Waffles Cheese Stick Cocoa Puffs Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**14** Chocolate Chocolate Chip Muffin, WG Cheese Stick Cheerios Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk	**15** Cinnamon Roll Cheese Stick Cinnamon Toast Crunch Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**16** No School MEA	**17** No School MEA
20 Mini Bagel Strawberry Cream Cheese Cinnamon Chex Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**21** Sausage, Egg & Cheese on English Muffin Cinnamon Chex Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk Fat Free Chocolate Milk	**22** Blueberry Snack Bread, WG Cheese Stick Cinnamon Toast Crunch Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk Fat Free Chocolate Milk	**23** Cherry Frudel Cheese Stick Cheerios Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**24** Brekkie, WG Cheerios Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk Fat Free Chocolate Milk
27 Fluffy Pancakes Sausage Patty Cheerios Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**28** Bacon, Egg & Cheese on Biscuit Cinnamon Toast Crunch Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**29** French Toast Snack Bread, WG Cheese Stick Lucky Charms Cereal Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk	**30** Banana Chocolate Chip Snack Bread,WG Cheese Stick Cinnamon Toast Crunch Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk	**31** Cream Cheese Frosted Long John Cheese Stick Lucky Charms Cereal Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk

PRICES

Adult Breakfast	$2.75
Extra Milk	$.55

EXTRA INFO

Questions or comments please contact Taher Food Service Director Annie Topic at a.topic@taher.com or call 952-873-2414

HARVEST OF THE MONTH

Your MENUS plus more Information on our app Taher Food4Life®

Menus are subject to change without notice. This institution is an equal opportunity provider.

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