

Belle Plaine Jr/Sr High

LUNCH

January
2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 HOM: Kale BBQ Rib Sandwich Baked Beans, Vegetarian French Fries Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	6 Italian Beef Lasagna Bread Stick Peas & Carrots Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	7 Chicken Potstickers Chicken Fried Rice Mixed Vegetables Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	8 Totchos Salsa Black Beans Lettuce, Tomato and Cheese Classic Cheeseburger Variety of Deli Sandwich or Salad Cheese and Variety of Pizza Roasted Honey Cinnamon Chickpeas	9 Inside Out Pot Pie Steamed Broccoli Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk
12 Philly Cheesesteak Tator Tots Caesar Side Salad All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 40% Unflavored White Milk	13 Walking Taco Lettuce, Tomato and Cheese Sour Cream Peas & Carrots All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 40% Unflavored White Milk	14 Orange Chicken Brown Rice, WG Mixed Vegetables All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 40% Unflavored White Milk	15 Italian Stromboli Caesar Side Salad Roasted Broccoli All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 40% Unflavored White Milk	16 Chicken & Gravy Mashed Potatoes Steamed Corn Dinner Roll Roasted Beef Hot Dog on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 40% Unflavored White Milk
19 Chicken Parmesan w/Pasta Whole Grain Dinner Roll Steamed Green Beans All American Hamburger on a Bun Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 10% Unflavored White Milk	20 Tater Tot Casserole Whole Grain Dinner Roll Mixed Vegetables Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	21 Homestyle Meatloaf Cheesy Mashed Potatoes Roasted Corn Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	22 All American Hamburger on a Bun Crispy Chicken Sandwich Spicy Chicken Sandwich Corn Dog Roasted Beef Hot Dog on a Bun Tator Tots Kung Fu Carrots Variety of Deli Sandwich or Salad	23 Beef Stroganoff w/ Egg Noodles Whole Grain Dinner Roll Steamed Green Beans Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk
26 Beef Stroganoff w/ Egg Noodles Whole Grain Dinner Roll Steamed Green Beans Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk	27 Beefy Nachos w/Cheese Sauce Black Beans Salsa Lettuce, Tomato and Cheese Classic Cheeseburger Deli Sandwiches or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies	28 Chicken Alfredo w/Pasta Bread Stick Garlic & Herb Broccoli Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	29 Chicken Potstickers Chicken Fried Rice Mixed Vegetables Crispy Chicken Sandwich Deli Sandwich or Salad Homemade Cheese Pizza Variety of Pizza Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk Fat Free Chocolate Milk	30 Homemade Cheese Pizza Cheesburger Pizza Buffalo Chicken Pizza Chicken Bacon Ranch Pizza Homemade Pepperoni Pizza BBQ Chicken Pizza Classic Cheeseburger Variety of Deli Sandwich or Salad Fresh Fruit Bar Variety of Veggies
				This is for Food 4 Thought

PRICES

Extra Meal
Extra Milk

\$5.05
\$.55

EXTRA INFO

Questions or comments please contact Taher
Food Service Director Annie Topic at
a.topic@taher.com or call 952-873-2414

HARVEST OF THE MONTH



Menus and nutrition
our app
Taher Food4Life®

