



Oak Crest

January
2023

Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>BBQ Rib Sandwich</p> <p>Turkey BLT Wrap</p> <p>Steamed Corn Cherry Tomato</p> <p>Fresh Mixed Fruit Fresh Grapes 1% Milk</p>	<p>4</p> <p>French Toast Sticks Sausage Patty Breakfast Potatoes</p> <p>Turkey BLT Wrap</p> <p>Cherry Tomato Applesauce Fresh Grapes 1% Milk</p>	<p>5</p> <p>Cheeseburger on a Bun</p> <p>Turkey BLT Wrap</p> <p>Roasted Broccoli Cherry Tomato</p> <p>Applesauce Fresh Grapes 1% Milk</p>	<p>6</p> <p>Beefy Nachos w/Cheese Sauce</p> <p>Refried Beans</p> <p>Turkey BLT Wrap Cherry Tomato</p> <p>Diced Pears Fresh Grapes 1% Milk</p>
<p>9</p> <p>Crispy Chicken Sandwich</p> <p>Ham and Cheese Flatbread Munchable</p> <p>Roasted Broccoli Baby Carrots</p> <p>Diced Peaches Banana 1% MILK</p>	<p>10</p> <p>Meatloaf Whole Grain Dinner Roll Ham Munchable</p> <p>Mashed Potatoes Gravy Baby Carrots Mixed Canned Fruit Banana 1% Milk</p>	<p>11</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll Ham Munchable</p> <p>Baked Beans Baby Carrots</p> <p>Pineapple Tidbits Banana 1% Milk</p>	<p>12</p> <p>Grilled Ham & Cheese Sandwich Ham Munchable</p> <p>Tater Tots Baby Carrots</p> <p>Applesauce Banana 1% Milk</p>	<p>13</p> <p>Cheese Pizza</p> <p>Ham Munchable</p> <p>California Blend Vegetable Baby Carrots</p> <p>Diced Pears Banana 1% Milk</p>
<p>16</p> <p>SPAGHETTI WITH MEATSAUCE Garlic Toast</p> <p>Ham & Cheese on a Bagel</p> <p>Cucumber Slices</p> <p>Diced Peaches Fresh Pear 1% MILK</p>	<p>17</p> <p>Cheesy Italian Flatbread</p> <p>Ham & Cheese on a Bagel</p> <p>Steamed Green Beans Cucumber Slices</p> <p>Mixed Canned Fruit Fresh Pear 1% Milk</p>	<p>18</p> <p>Choice of Tacos</p> <p>Ham & Cheese on a Bagel</p> <p>Spanish Rice Salsa</p> <p>Pineapple Tidbits Fresh Pear 1% Milk</p>	<p>19</p> <p>Beef Chili Cornbread Bowl Ham & Cheese on a Bagel</p> <p>Potato Wedges Cucumber Slices</p> <p>Applesauce Fresh Pear 1% Milk</p>	<p>20</p> <p>Crispy Chicken Sandwich Golden French Fries Ham & Cheese on a Bagel</p> <p>Steamed Carrots Cucumber Slices</p> <p>Diced Pears Fresh Pear 1% Milk</p>
<p>23</p> <p>Crispy Chicken Tenders Macaroni & Cheese Turkey Deli Sub Sandwich</p> <p>Cherry Tomato</p> <p>Diced Peaches Fresh Apple 1% Milk</p>	<p>24</p> <p>Beef Hot Dog on a Bun</p> <p>Turkey Deli Sandwich</p> <p>Baked Beans Cherry Tomato</p> <p>Mixed Canned Fruit Fresh Apple 1% Milk</p>	<p>25</p> <p>Parmesan Chicken Bites Buttered Noodles Turkey Deli Sandwich</p> <p>Steamed Carrots Cherry Tomato</p> <p>Pineapple Tidbits Fresh Apple 1% Milk</p>	<p>26</p> <p>Pancakes Easy Egg Bake Turkey Deli Sandwich</p> <p>Breakfast Potatoes Cherry Tomato</p> <p>Applesauce ORANGE WEDGES 1% Milk</p>	<p>27</p> <p>Chicken Alfredo w/Pasta Garlic Toast Turkey Deli Sandwich</p> <p>Roasted Broccoli Cherry Tomato</p> <p>Diced Pears Fresh Apple 1% Milk</p>
<p>30</p> <p>Cheeseburger on a Bun</p> <p>Turkey Deli Sandwich</p> <p>Tater Tots Baby Carrots</p> <p>Diced Peaches Fresh Pear 1% Milk</p>	<p>31</p> <p>Corn Dog Kettle Potato Chips Deli Sandwich or Sub</p> <p>Roasted Broccoli Baby Carrots</p> <p>Mixed Canned Fruit Fresh Pear 1% Milk</p>			
				<p>This is for Food 4 Thought</p>

PRICES

EXTRA INFO

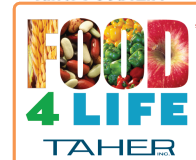
For questions or comments please contact
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HARVEST OF



THE MONTH

Your MENUS plus more information on our app
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