











220 S. Market St. Belle Plaine, MN 56011

www.isd716.org

Phone: 952-873-2411 Fax: 952-378-2420





#### Belle Plaine Community Education & Recreation 220 S. Market St. Phone: 952-873-2411 Fax: 952-873-2420 www.isd716.org

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#### Welcome to Belle Plaine Community Education

Greetings to the Belle Plaine Community! At Belle Plaine Community Education, we are dedicated to offering highquality programs that inspire learning, creativity, and connection for all ages. Whether you're looking to explore a new hobby, develop new skills, or connect with others, we strive to have something for all!

Lifelong learning is a shared experience, and we're always seeking passionate individuals to teach and share their expertise. If you have a skill or talent to offer, we'd love to hear from you!

Stay updated on our latest programs through our Community Education website and social media. For questions, feedback, or teaching opportunities, please reach out at (952) 873-2407 or dkoller@belleplaine.k12.mn.us.

Thank you for being part of our thriving learning community–we look forward to growing together! Dorothy Koller Community Education Director

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Follow us on Facebook: Belle Plaine Community-Ed



### **OFFICE HOURS**

Monday - Friday 7:30 am - 3:30 pm

#### Where To Register

\*\* You can register online at www.isd716.org. You can also phone, fax, or mail in your registration. A registration form is located at the back of this brochure.

#### Payment must be received with registration.

#### **Registration Policy**

\*\* To register for a Community Ed class, program or trip complete the form in this brochure. Register online, call in your registration, or deliver it to the Community Ed Office. Once you register, you are responsible for following the registration, cancellation and facilities policies.

#### **Cancellation Policy**

\*\* If you are unable to attend a class, program or trip you registered for, please call the Community Ed Office at (952) 873-2411 to cancel your reservation. Cancellation refunds will either be issued as a refund back to credit card, a check or in the form of a class credit.

=

\*\*Class cancellation reimbursement is as follows:

-Prior to 48 hours before program -48 hours in advance - day of program -No notification full refund 50% class credit refund No refund

\*\*Trip cancellations:

-Cancellations made after the trip registration deadline will not be refunded because tickets will have already been purchased.

- Classes are filled on a first come, first served basis.
- Pre-registration is required.
- Payment is required at the time of registration.
- We will only contact you if a class is **NOT** going to be held.

### **REGISTER ONLINE**

No need to call or mail your form.

# You can do it all online! www.isd716.org

CLICK ON Community Education



# **DRIVERS EDUCATION**

### **GENERAL INFORMATION:**

Belle Plaine Community Ed provides classroom and behind-the-wheel drivers education instruction for students ages 14 and older. This class meets the 30-hour requirement to prepare for a learner's permit. Payment covers the 30-hour Classroom fee and 6-hours of Behind the Wheel.

#### **CLASSROOM INSTRUCTION: 30 HOURS**

Classroom includes lecture, class discussion, videos, written work from the driver's manual and practice tests. Upon completion, students will be issued a blue card. Please bring school iPad to class each day.

#### **BEHIND-THE-WHEEL (BTW): 6 HOURS**

Behind-the-Wheel allows students to practice driving on public streets and highways with an instructor. This is the required course students take after they have earned their learner's permit. Successful completion is required before a student can take their driver's examination.

#### Attention Parents of Soon-to-Be Teen Drivers

Teen Driver Safety Parent Awareness-Point of Impact Meeting: Fall 2025

Do you know the real risks for teen drivers? Do you know the restrictions on new teen drivers? Can you cancel your teen's license? Learn the answers to these questions and more in this teen driver safety parent awareness class. Experts on young driver behaviors agree that involved parents make a difference in reducing crashes. This class will increase your awareness of the most common risks for teen drivers and teen driver laws. It will increase your understanding of the strong influence you can have on your teen's driving behavior. Don't miss this important opportunity to become aware of the risks your teen faces, and arm yourself with the ways you can keep them safe. Teens welcome too! Hosted by local driver education instructors and guest law enforcement speakers in partnership with the MN Department of Public Safety.

### BELLE PLAINE DRIVERS EDUCATION PROGRAM COST: \$385.00 (\$185 due upon registration)

# **CLASSROOM INSTRUCTION**

#### WINTER 2025 SESSION:

Monday, February 24 Tuesday, February 25 Wednesday, February 26 Thursday, February 27 Friday, February 27

#### 

Thursday, March 5 Thursday, March 6 Friday, March 7

LOCATION: Jr/Sr High School TIME: 3:30 - 6:30 PM \*These dates are tentative and could change slightly as we get closer to the season.

#### SUMMER 2025 SESSION:

Monday, June 9 Tuesday, June 10 Wednesday, June 11 Thursday, June 12 Friday, June 13 Monday, June 16 Tuesday, June 17 Wednesday, June 18 Friday, June 20 Monday, June 23

LOCATION: Jr/Sr High School TIME: 12:30 - 3:30 PM \*These dates are tentative and could change slightly as we get closer to the season.

#### SUMMER 2025 SESSION 2:

Monday, July 21 Tuesday, July 22 Wednesday, July 23 Thursday, July 24 Monday, July 28 Tuesday, July 29 Wednesday, July 30 Monday, August 4 Tuesday, August 5 Wednesday, August 6

LOCATION: Jr/Sr High School TIME: 12:30 - 3:30 PM \*These dates are tentative and could change slightly as we get closer to the season.

### **PRESCHOOL PALS**

### ☆ ☆ ☆ ☆ 2025 - 2026 ☆ ☆ ☆ ☆ ☆ PRESCHOOL PALS **1 CLASS OFFERINGS** CHOLARSHIPS

**BELLE PLAINE PUBLIC SCHOOLS** 

### **REGISTRATION OPENS MARCH 10**

LITERACY & MATH SCHEDULE - SOCIAL/EMOTIONAL GROWTH - KINDERGARTEN READINESS SKILLS ALL TEACHERS HOLD MN DEPARTMENT OF EDUCATION TEACHING LICENSE

4 YEAR OLD OPTIONS (Children must be 4 by Sept. 1, 2025 & potty trained) T/TH 8:15 am – 3:10 pm Cost: \$260.00 / mth M/W/F 8:15 am – 3:10 pm Cost: \$380.00 / mth M/T/W/TH/F 12:00 pm – 3:10 pm Cost: \$270.00 / mth M/T/W/TH/F 8:15 am - 3:10 pm Cost: \$640.00 / mth

**3 YEAR OLD OPTIONS** (Children must be 3 by Sept. 1, 2025 & potty trained) T/TH 8:15 am – 11:00 am Cost: \$150.00 / mth 8:15 am – 11:00 am Cost: \$200.00 / mth M/W/F

12:00 pm - 3:10 pm M/T/W/TH Preschool Pals, a Parent Aware Rated Program, is a place for preschool-aged children to meet new friends, practice skills that will help them become kindergarten ready, and be surrounded by carina, warm, and loving teachers.

VAILABLE!

Cost: \$250.00 / mth Paren

WRAPAROUND

Cost: \$165 / week Cost: \$135 / week Cost: \$155 / week Cost: \$100 / week

WRAPAROUND

Cost: \$200 /week Cost: \$190 / week Cost: \$170 / week

Parent Aware Rated Program

Preschool Pals uses the state early learning standards as the base curriculum. The students are also supported by Creative Curriculum, SecondStep, Amplify and other curricular tools. The daily activities include large and small group time, music and motor movement, art, story time, and stations. Wraparound, an extended care program that provides childcare, wrapped around your child's preschool class. As a parent you can be confident your child is receiving the education needed to prepare them for Kindergarten, as well as the care they need while you work without the hassle of finding transportation. All while in a safe and positive environment in cooperation with Preschool Pals.

For more information on preschool registration for the Fall of 2025, and scholarship questions, please contact Ann Woelfel at (952) 873-2415 ext 2 or email awoelfel@belleplaine.k12.mn.us



### **KIDS COMPANY**

### **2025 SUMMER KIDS CO** Kids Company is for Children In Preschool - 6th Grade



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This summer we will keep your child busy with arts & crafts, recreation games, walks, visiting different playgrounds, educational & recreational field trips and much more! Our goal is to keep your child active and engaged ALL SUMMER LONG!

Our mission is to provide care for your child in an environment that is safe, enjoyable, all while supporting your child's individual educational and social developmental needs.

**QUESTIONS?** 

Contact Dorothy at

dkoller@belleplaine.k12.mn.us or

call (952) 873-2407

# FLAT RATE PRICING

#### **2025 SUMMER** \$43.00 - A DAY

Field Trips

Additional Fee

### **ENROLLMENT FEE**

Each Summer/Per Family -

\$25.00

# HOURS

Monday – Friday 6:00am – 6:00pm



### WRAPAROUND

WRAPAROUND IS AVAILABLE FOR FAMILIES ENROLLED IN PRESCHOOL PALS

Wraparound is an extended care program that provides childcare, wrapped around your child's preschool class. As a parent you can be confident your child is receiving the education needed to prepare them for Kindergarten, as well as the care they need while you work without the hassle of finding transportation. All while in a safe and positive environment in cooperation with Preschool Pals.



# FLAT RATE PRICING

### PRESCHOOL - KINDERGARTEN 2025 SUMMER

\$43.00 - A DAY

ENROLLMENT FEE Each Summer/Per Family -

\$25.00

### HOURS Monday – Friday 6:00am – 6:00pm

 Daily Rest Time Before and/or after your child's preschool learning experience.

- Weekly Theme Based Activities Focused on your child's social, emotional, and creative development.
- Well Trained & Loving Staff



"I love the idea of wraparound as it gives a "school" atmosphere and introduces the concept of "all day school." My son loves wraparound because of the staff and the friends that he has made in the program. If you are looking for a fun, loving environment for your child on days that they don't have preschool or before or after preschool, consider this program. You will not be disappointed." - wraparound parent

CHATFIELD ELEMENTARY • 330 S. MARKET STREET • (952) 873-2415 EX 1 Questions? Contact Dorothy at dkoller@belleplaine.k12.mn.us or call (952) 873-2407



### **FAMILY ENRICHMENT**

#### FAMILY KAYAK – CLEARY LAKE REGIONAL PARK

Join the Outdoor Recreation School to create memories of fun on the water. Learn kayaking safety and proper paddling techniques. Equipment provided. Reservations required.

Register at: www.threeriversparks.org or by calling (763) 559-6700.

AGES:	8+ (Ages 11 and under must be accompanied by a registered adult)
DATE:	Sunday, June 22
TIME:	10:00 AM - 12:00 PM
LOCATION:	Cleary Lake Regional Park Prior Lake
COST:	\$25.00/person

#### SUNSET CANOE – CLEARLY LAKE REGIONAL PARK

Enjoy the sunset while canoeing on a beautiful lake with instructors from the Outdoor Recreation School. Prior canoeing experience required. Equipment provided for program. Registration required. Register at: www.threeriversparks.org or by calling (763) 559-6700.

AGES:	14+
DATE:	Friday, August 15
TIME:	6:30 - 8:30 PM
LOCATION:	Cleary Lake Regional Park Prior Lake
COST:	\$12.00/person

# FAMILY TRIP MINNESOTA TWINS BASEBALL GAME

Join us for an afternoon at Target Field! The Minnesota Twins take on the Seattle Mariners! Please bring money for lunch. Children under the age of 12 will need a supervisor (15+) or you can sign up to go with Kids Co for an additional fee.

DATE: TIME:

COST: DEADLINE:

#### Thursday, June 26 Depart High School: 10:30 AM Return: 1.5 hrs after game (approx.) \$40.00





FAMILY ARCHERY

Join the Outdoor Recreation School instructors to learn the basics of archery and elements of safety. Practice fundamental skills, participate in fun challenges, and enjoy the thrill of hitting the target with family and friends. Equipment provided. Reservations required. Participants ages 11 and under must be accompanied by a registered adult. Register at: www.threeriversparks.org or by calling (763) 559-6700.

AGES:

DATE: TIME: LOCATION: COST:

8+ (Ages 11 and under must be accompanied by a registered adult)

Saturday, May 24 1:00 - 3:00 PM

Cleary Lake Regional Park -- Prior Lake \$12.00/person

#### STAND UP PADDLEBOARD LESSON

Join Outdoor Recreation School instructors to learn the fundamental skills and versatility of Stand-up Paddleboarding. You will learn about the equipment, how to paddle safely in variable conditions, basic strokes, and the many ways to enjoy the board from laying, sitting, kneeling to standing. Experience getting off and on your board in the water with confidence. For people new to SUP and those looking to improve their skills. Equipment provided. Registration required. Register at: www.threeriversparks.org or by calling (763) 559-6700.

AGES:	14+
DATE:	Saturday, July 12
TIME:	9:00 - 11:00 AM
LOCATION:	Cleary Lake Regional Park Prior Lake
COST:	\$35.00
FAMILY LOG ROLLING	

Rooted in the history of the logging era in the Midwest, log rolling is both safe and fun. Join the Outdoor Recreation School to learn this exciting sport! Test your new skills while "competing" against your family members! No previous experience necessary. Reservations required. Participants ages 11 and under must be accompanied by a registered adult Register at: www.threeriversparks.org or by calling (763) 559-6700.

AGES:

DATE: TIME: LOCATION: COST:

5+ (Ages 11 and under must be accompanied by a registered adult) Sunday, July 27 1:00 - 2:30 PM Cleary Lake Regional Park -- Prior Lake \$6.00/person



### FAMILY ENRICHMENT

#### TAKE A BREATH OF FRESH AIR.

Ney Nature Center is a nature preserve with 12 miles of hiking trails, historic frog pond, and the Ney Homestead.

#### FOR YOUR CALENDAR

Tree Jamboree April 26th, 2025



Celebrate Earth Day with us! From earth day crafts, to live children's music, to tree planting, to hands-on art, join us for a fun day learning about the many ways we can celebrate the earth every day!



June and July summer programs for ages 4 to 14, providing a variety of outdoor experiences! Themed camp weeks include dinosaurs, pirates, art, and adventure. Registration opens in January!

#### **446 ACRES OPEN YEAR-ROUND TO THE PUBLIC (**) 5AM - 10PM

#### VISIT US

www.neycenter.org 28238 Nature Center Lane Henderson, MN 56044

#### MOTH BALL PROGRAM

Explore the night flying relatives of monarchs and other butterflies during an evening of mothing with Monarch Joint Venture at our Prairie Oaks campus in Belle Plaine! We'll explore the difference between moths and butterflies, use different ways to attract and collect moths, learn how to ID different groups of moths, and learn the important roles moths play in our ecosystem. We'll also collect data through iNaturalist to help us understand more about the wildlife we share Prairie Oaks with!

*This program is family friendly, though please not that it does take place after dark!* 



AGES: DATE: TIME: LOCATION: Youth & Adults (Kids under the age of 12 must be accompanied by adult over 18) **Friday, April 18** 7:30 - 9:00 PM MJV's Prairie Oaks Campus 1200 W. South St-- Belle Plaine \$10.00 - 12 years old and older \$5.00 - Under 12 \$25.00 - Family (2 adults/2 kids) \$3/each additional child



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# KIDCREATE\* SLIME LAB W/KIDCREATE STUDIO STUDIO Calling all mad scientists, kooky created

#### FAIRY GARDEN W/KIDCREATE STUDIO

I do believe in fairies, I do! We'll use clay, paint, glitter, and more as we sculpt our very own enchanted fairy gardens. These adorable little fairy retreats will have sparkling streams, colorful flowers, a fairy swing, and more! You don't want to miss this magical camp. <u>Please pack a nut free snack and drink for your child each day.</u>

AGES: DATE: TIME: LOCATION: INSTRUCTOR: COST: 4 - 6 years old **Friday, June 20** 9:00 AM - 12:00 PM Chatfield Elementary Kidcreate Studio \$45.00



#### SECRET AGENT SCIENCE W/KidSCIENTIFIC

Step into the world of secret agent science! Young scientists in this class will unravel espionage mysteries through fascinating experiments like creating invisible ink. Learn the science behind hidden messages, and more while honing your spy skills. Get ready for a thrilling journey where science meets secrecy, and every discovery holds the key to unlocking hidden knowledge! <u>Please pack a nut free snack and drink for your child.</u>

AGES: DATE: TIME: LOCATION: INSTRUCTOR: COST:



5 - 7 years old **Friday, July 11** 9:00 AM - 12:00 PM Chatfield Elementary Kidcreate Studio \$45.00 Calling all mad scientists, kooky creators, and lovers of messmaking! In this class, we're going full throttle, cause it's ALL SLIME ALL THE TIME. We've got fluffy slime, silly putty slime and more... so come dressed for a mess, roll up your sleeves, and let's get slime-ified! <u>Please pack a nut free snack and drink for your child</u>.

AGES: DATE: TIME: LOCATION: INSTRUCTOR: COST:



7 - 12 years old **Friday, June 20** 1:00 - 4:00 PM Chatfield Elementary Kidcreate Studio \$45.00

#### T. SWIFT ERA W/KIDCREATE STUDIO

Experience the magic of Taylor Swift and her iconic Era tour at our legendary art camp! Immerse yourself in creativity inspired by her music and style. From drawing to painting to sculpting, embark on an unforgettable artistic journey. Unleash your inner artist in this special tribute to Taylor Swift's enduring legacy. <u>Please pack a nut free snack and drink for your child.</u>

AGES: DATE:

TIME: LOCATION: INSTRUCTOR: COST:



7 - 12 years old **Tuesday & Wednesday July 22 & 23** 1:00 - 4:00 PM Chatfield Elementary Kidcreate Studio \$95.00

#### HARRY POTTER'S SCIENCE CLASS W/KIDSCIENTIFIC

Enter the mystical realm of Harry Potter's Science Class! Craft enchanting wands that really light up! & brew captivating color-changing elixirs, merging magic and science for an immersive and unforgettable experience. <u>Please pack a nut free snack and drink for your child.</u>

AGES: DATE: TIME: LOCATION: INSTRUCTOR: COST:



8 - 12 years old **Friday, July 11** 1:00 - 4:00 PM Chatfield Elementary Kidcreate Studio \$45.00



#### **MINI CHEFS**

#### **CANDY LAB W/KIDSCIENTIFIC**

Step into our Candy Lab and explore science through sweet experiments! From candy chemistry to edible art, every activity uses candy to teach cool scientific concepts. Mix, melt, and marvel at how sweets can be both delicious and educational! <u>Please pack a nut free snack and drink for your child</u>.

AGES: DATE:

TIME: LOCATION: INSTRUCTOR: COST:



4 - 6 years old **Tuesday & Wednesday July 22 & 23** 9:00 AM - 12:00 PM Chatfield Elementary Kidcreate Studio \$95.00 You're never too young to start cooking! This cooking class will introduce children to the pleasures of preparing and enjoying food that is both nutritious and delicious. Students will learn about kitchen safety, peeling, spreading, mixing, measuring and more!

AGES: DATES:

TIME:

LOCATION: INSTRUCTOR: COST: 3 - 8 years old **Monday-Wednesday June 16 - 18** 3 - 4 Year Olds: 9:00 - 10:30 AM 5 - 6 Year Olds: 11:00 - 12:30 PM 7 - 8 Year Olds: 1:30 - 3:00 PM Chatfield Elementary Courtney Burr 

\$50.00

#### FOAM, SLIME & POTIONS W/KIDSCIENTIFIC

Step into a world of captivating experiments and mind-blowing discoveries! Our hands-on camp will immerse your child into the enchanting realm of foam, slime, and potions, as we unravel the secrets of science. Prepare to concoct elixirs that magically change color, create your own bouncy balls, and whip up some homemade PopRocks that fizz in your mouth. Each experiment combines the perfect blend of creativity and scientific exploration. And while having a blast, you'll uncover a wealth of scientific facts and theories, transforming learning into a bubbling cauldron of pure excitement! Please pack a nut free snack and drink for your child.

AGES: DATE:

TIME: LOCATION: INSTRUCTOR: COST:



7 - 12 years old **Tuesday & Wednesday August 5 - 6** 1:00 AM - 4:00 PM Chatfield Elementary Kidcreate Studio \$95.00

KIDCREATE® STUDIO

#### **BUBBLES AND SLIME W/KIDSCIENTIFIC**

POP! Getreadyfora world of bubbly, gooey excitement in our Bubbles and Slime Science class! Young scientists will dive into hands-on experiments, exploring the magic of bubbles and the fun of slime. It's all about playing, learning, and being amazed by the chemistry behind these messy, fun concoctions. Perfect for curious minds who love to get their hands dirty! Please pack a nut free snack and drink for your child.

AGES: DATE:

TIME: LOCATION: INSTRUCTOR: COST:



4 - 6 years old Tuesday & Wednesday August 5 - 6

9:00 AM - 12:00 PM Chatfield Elementary Kidcreate Studio \$95.00



#### VIRTUAL REALITY CODING **\*ONLINE CLASS\***



Design, develop, and create 3D Virtual Reality environments and characters to make your own 3D games and other virtual reality for kid's projects on Metaverse's new platform Hatch. Hatch is an incredibly fun and stimulating way to learn STEM! Parents will be sent info on how to register for a Hatch VR account. VR programs can be viewed on most mobile phones, and VR Systems like oculus or google cardboard. You only need a laptop/computer to get started.

Additional Technical Requirement: PC Needed, this class will not work on Chromebook, tablets or phone. To view VR, you must have an oculus or otherVRglasses.ButworldscanbeviewedonnormalPC/Phones/Tablesin3D.

CURRENT GRADES: DATES: TIME: LOCATION: INSTRUCTOR: COST:

3-6 Saturdays, April 5 & 12 10:30 AM - 12:30 PM Online Course Tech Academy \$65.00



#### MAGICAL WIZARDS MINECRAFT ADVENTURES

Immerse yourself in the wizarding world of Harry Potter by crafting and building iconic locations like Hogwarts Castle or Diagon Alley within Minecraft. Build and play themed mini-games. We will be using the PC/ Java edition of Minecraft. Students should have basic reading skills and be comfortable using a computer. Bring a USB drive, lunch and a drink.

ENTERING GRADES: DATES: TIME: LOCATION: **INSTRUCTOR:** COST:

1-5 Friday, August 8 9:00 AM - 2:00 PM Jr/Sr High School -- 220 S. Market St. Tech Academy \$80.00



Follow us on Facebook: **Belle Plaine Community-Ed** 

**INTRO TO 3D PRINTING \*ONLINE CLASS\*** 

This 3D printing camp takes students through the 3D printing process from start to finish. Students will be designing a keychain, and the 3D print will be mailed home. No experience is necessary, but familiarity with doing common tasks using a computer and keyboarding is required. Fees listed include printing fee for one project.

Additional Technical Requirement: TinkerCAD (login information provided during class) PC Needed (Windows or MacBook), will not work on Chromebook, tablets, or phones.

CURRENT GRADES: DATES: TIMF: LOCATION: INSTRUCTOR: COST

1 - 4 Saturday, April 5 8:00 - 9:30 AM **Online** Course Tech Academy \$45.00



This camp will energize and excite students by combining the LEGO® building system's versatility and the Mindstorms EV3 (the most sophisticated microcomputer brick ever made by LEGO®). Working in teams, students will construct fun LEGO® models, experiment with programs, and compete in robotic challenges. Robot building, block programming, and teamwork will be part of each day's activities. The final challenge will be a sumo battle. Please bring lunch and a drink.

DATES: TIMF: LOCATION: INSTRUCTOR: COST:

2 - 6 Friday, June 13 9:00 AM - 2:00 PM Jr/Sr High School -- 220 S. Market St. Tech Academy \$80.00

#### EXTREME ROBO GAMES: BATTLEBOT OLYMPICS

Students will work in small teams using the EV3 Mindstorms Robotic Systems and specialized LEGO® Technic<sup>™</sup> engineering components to build extreme robots and run programs to experiment with and overcome Olympic-style challenges. Student teams will then be challenged to morph their projects into better, stronger, or faster robots. Please bring lunch and a drink.

ENTERING GRADES: DATES: TIMF: LOCATION: INSTRUCTOR: COST:

3-7 Friday, August 1 9:00 AM - 2:00 PM Jr/Sr High School - 220 S. Market St Tech Academy \$80.00



ENTERING GRADES:



#### AGRICULTURE, FOOD & NATURAL RESOURCES CAMP

Students will have the opportunity to explore Agriculture, Food and Natural Resources and the role they play in it. During this 3 day camp, students will work with plants and understand the basic principles of what plants need to grow and survive, followed by understanding the animals we care for, and the resources we use. The final day of camp will consist of a Celebration of Agriculture, where students will make their own pizzas from the dough they constructed earlier in the week, followed by homemade ice cream for dessert!

ENTERING GRADES: DATES:

TIME: LOCATION: INSTRUCTOR: COST:

#### 7 - 9 **Tuesday - Thursday June 3 - 5** 9:30 AM - 12:00 PM

CTE Building/PAC - 130 S. Willow St. Anna Buckentine Free

PUT ON BY FFA ADVISOR ANNA BUCKENTINE

#### **HOME ALONE**

Is your child ready to stay home alone? Mentioning being home alone to your child can be a scary topic. The main tip to leaving your child home alone is having the knowledge and confidence to do so. This course includes personal safety tips, stranger danger, first aid, storm safety, internet safety, dealing with siblings and having fun.

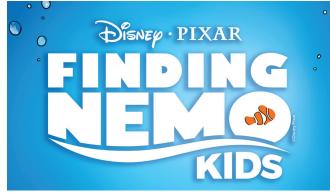
GRADES: DATE: TIME: LOCATION: INSTRUCTOR: COST: 3 - 6 **Thursday, April 24** 3:30 - 5:00 PM Oak Crest Elementary Police Liaison - Officer Kelly Guralnik \$10.00





#### **BABYSITTING 101**

This course, for 10–13-year-olds, follows the American Academy of Pediatrics – **B**abysitter **L**essons **A**nd **S**afety **T**raining (BLAST). Students learn current practices for safety and injury prevention, first aid basics, feeding and caring for infants, how to handle behavior problems, and how to manage their babysitting business.

AGES: DATE: TIME: LOCATION: INSTRUCTOR: COST: 10 - 13 **Tuesday, June 3** 8:30 AM - 4:00 PM Junior/Senior High - Classroom Emergency Outfitters \$65.00 

#### **COMMUNITY ED YOUTH THEATER**

Come join us to participate in the wonderful world of theatre arts! Seussical will be the production this summer for our 4th-8th grade Community Theatre opportunity. Please bring a bag lunch and snacks daily. Auditions will be held on Monday, June 16th. You'll receive more information upon registration. \*Grades reflect the upcoming 2025-2026 school year. \*Kids entering grades 6 - 8 interested in TECH ONLY are able to register. Please e-mail Community Ed with your request.

4 - 8 **ENTERING GRADES:** LOCATION: **Oak Crest Elementary** INSTRUCTORS: Merrik Giesen, Carolyn Gleason & Allison Vandermark COST: \$90.00

#### **TENTATIVE SCHEDULE** Monday June 16 - Auditions (PM)

Monday June 23 - Thursday June 26 - 9:00 AM - 2:00 PM Friday, June 27 - 1:00 - 6:00 PM - Rehearsal Performance: 6:00 PM Saturday, June 29 - Arrive at 9:00 AM Performance: 11:00 AM

### **COMMUNITY PERFORMANCES**

Friday, June 27 & Saturday, June 28

**ADMISSION FOR PERFORMANCES =FREE WILL DONATION** 



#### {YEL!} DESTINATION MARS: ROCKETRY COURSE

Launch and watch your very own rocket speed 300 feet into the air! Then it is yours to take home! Students will make and take home multiple rockets of varying difficulty throughout this session. We will use these rockets and airplanes to investigate basic aeronautical concepts including: propulsion, thrust, lift, drag and more. We will also hypothesize about travel in outer space, how to get a United States astronaut to Mars and life on Mars. Do you have the right stuff? Please visit YouthEnrichmentLeague.com for more information. NOTE: Parents will be asked to contribute two, 2 liter soda bottles (empty) for 2 different experiments.

ENTERING GRADES: DATES:

TIMF: INSTRUCTORS: LOCATION: COST

2 - 5 Monday - Thursday June 9 - 12 9:00 AM - 12:00 PM YEL Instructors Chatfield Elementary \$135.00



#### {YEL!} CHESS SUMMER CAMP

All levels welcome. The {YEL!} Teach It!...Practice It!...Play It! method keeps chess students progressing with 60+ chess lessons and thousands of puzzles as well as guided games and an end-of-week in-class tournament. Class fee includes ChessKid.com membership for the session. Battle summer brain drain...sign up today. Visit YELKids.com for more info.

ENTERING GRADES: DATES:

TIMF: INSTRUCTORS: LOCATION: COST:

1-5 Monday - Thursday June 9 - 12 1:00 - 4:00 PM YEL Instructors **Chatfield Elementary** \$150.00



#### SCOTT WEST WRESTLING CAMP

Join Scott West Wrestling for a two day camp. This camp is for all boys and girls looking to build on the basics of wrestling. Grades reflect the upcoming 2025-2026 school year.

K - 12

ENTERING GRADES:

### MORE INFORMATION TO COME FOR BOTH **BOY & GIRL WRESTLING OPPORTUNITIES!!**



#### SUMMER WRESTLING

The summer program for 3rd to 12th graders is designed to provide comprehensive training and development opportunities for young athletes who are passionate about the sport of wrestling. These sessions would cover various aspects of wrestling, including technique drills, conditioning, and strength training. Coaches would work closely with each wrestler to assess their strengths and weaknesses, and tailor training plans to address their specific needs. Grades reflect the upcoming 2025-2026 school year.

**ENTERING GRADES:** DATES:

TIME: LOCATION: COST:

3 - 12 **Mondays & Wednesdays** June 2 - July 23 (No camp June 30 & July 2) 8:00 - 9:00 AM Jr/Sr High - Stage \$50.00



#### KKC SCHOOL OF TAE KWON DO: COME & LEARN THE KOREAN **MARTIAL ART OF KICK & PUNCH!**

KKC School of Tae Kwon Do: Students will learn basic techniques, as well as discipline, respect, self control and self defense. Wear comfortable clothes and bring a water bottle. Greatforthe whole family!

When registering for class, the advanced class is belts awarded by KKC TKD. If you have rank from another school, please sign up for the beginner class for assessment.

6+

AGES: SESSION 1:

SESSION 2:

SESSION 3:

SESSION 4:

Wednesdays April 2 - May 7 Wednesdays May 14 - June 18 Wednesdays June 25 - July 30 Wednesdavs August 6 - September 10

**INSTRUCTOR:** 

BEGINNER (White Belt to Green Stripe) ADVANCED (Green Belt & Above) LOCATION: COST:

Tessa Kroells-Hagen 6:00 - 7:00 PM 7:00 - 8:00 PM Oak Crest Elementary \$60.00 / session









#### SOCCER SUMMER CAMP

Join us for an exciting and enriching experience at our Summer Soccer Skills Camp! Designed for aspiring young soccer players of all skill levels, our camp offers a dynamic blend of skill development, teamwork building, and funfilled activities. Designed to ignite a passion for the beautiful game of soccer.

2 - 3

ENTERING GRADES: DATE:

TIMES:

**ENTERING GRADES:** DATE:

Monday - Wednesday June 9 - 11 8:30 - 10:00 AM 4 - 6

Monday - Wednesday June 16 - 18 8:30 - 10:00 AM

LOCATION: COST:

TIMES:

Chatfield Elem. - Rec Fields \$45.00

### 

FALL YOUTH REC SOCCER LEAGUE This recreational soccer program will work and build on the basic fundamentals of soccer, while competing against neighboring communities. Practice will be held two days a week and games will be played on Saturday mornings. If you're interested, please register. A schedule will be set based off availability of coaches & players. \*Volunteer coaches are needed in order for the program to run.



#### TINY TOTS SOCCER CAMP

Introduceyourlittleonestothejoyofsoccerinthisfun, engaging, and energetic camp designed specifically for children ages 3 to 6. This Tiny Tots Soccer Camp focuses on developing fundamental soccer skills, such as dribbling, passing, and shooting, through age-appropriate games and activities.

AGES: DATE:

TIMES:

LOCATION: COST:

3 - 6 year olds **Tuesday - Thursday** July 8 - 10 Ages 3 - 4: 9:00 - 9:45 AM Ages 5 - 6: 10:00 - 10:45 AM Chatfield - Activity Gym \$25.00



#### **BP EXPLOSION DANCE TEAM PRESENTS** MINI SPARKS DANCE CAMP

Dive into the rhythm at our dance camp for future dancers. Join our High School Senior dance girls for an immersive experience as they provide an opportunity for you to connect with fellow dancers, express yourself through movement and ignite your potential for dance. Camp will conclude on Thursday, August 21 with a performance at the Meet the Tigers Event @ 6pm at the Belle Plaine Athletic Complex. Dancers will arrive together at Meet the Tigers after camp and will be released to parents after their performance.

**ENTERING GRADES:** DATES:

TIMES: **INSTRUCTOR:** 

LOCATION: COST:

2 - 6 **Tuesday - Thursday** August 19 - 21 4:00 - 5:30 PM Senior Class of the BP **Explosion Dance Team** Oak Crest Elementary \$35.00 (t-shirt included)





#### GIRLS ROC! - GIRLS RUNNING AT OAK CREST

Girls ROC is an after school running program for our girls in 3rd - 6th grade. This will be about fitness, but also about gathering girls together to support them and their leadership. *Registration fee includes admission to the City's S.W.A.T.T. run on Saturday, May 10th to end the season.* 

CURRENT GRADES: DATES:

TIME: INSTRUCTORS:

LOCATION: COST: 3 - 6 Wednesdays April 9 - May 7 3:10 - 4:00 PM Lisa Jamison & Oak Crest Teachers Oak Crest Elementary \$30.00



#### **BPXC TRACK CLUB SUMMER STRENGTH & CONDITIONING**

This is an 8 week program that focuses on total body strengthening with body weight and resistance exercises. We create a balanced neuromuscular foundation for your growing students to build strength, speed and ability in any sport. This program can be done in conjunction with the morning weight lifting programs or as a stand alone strength and conditioning program.

Students interested in participating in Junior Olympic track and field will stay at 7pm to complete their running workouts as well as their technique and specialties training. \*Grades reflect the upcoming 2025-2026 school year.

ENTERING GRADES:	7 - 12
DATES:	Monday & Wednesdays
	June 2 - July 30
	(No class June 30 & July 2)
TIMES:	6:00 - 7:00 PM (Strength & Conditioning)
	7:00 - 8:00 PM (USATF Training)
LOCATION:	Belle Plaine Athletic Complex
INSTRUCTORS:	Lisa Jamison USATF L2 Sprints/Hurdles/Starts ACSM CPT
	Brian Jamison USATF L2 Endurance/Steeplechase/Raceway
COST:	\$25.00

#### TIGER TOTS – ALL STAR GYMNASTICS

Our Tiger Cubs will have the opportunity to learn the basic skills of gymnastics while interacting with their peers. A beginning course for children to improve flexibility, balance and body control. Your child will learn low beam and tumbling skills while getting fit and having fun!

AGES: DATES:

TIMES:

INSTRUCTOR: LOCATION: COST: 3 - 6 years old **Tuesday - Thursday July 8 - 10** Ages 3 - 4: 11:00 - 11:45 AM Ages 5 - 6: 12:00 - 12:45 PM Ms. Emily Seehusen Chatfield Elementary \$25.00



#### **TRACK & FIELD CAMP**

Goals will be to foster an interest in the variety of track and field events. These events include sprints, relays, shot put, discuss, long jump, triple jump, pole vault, and hurdles. Individuals will move through stations learning about and actively participating in the events. Emphasis will be on participation, learning track and field techniques and having fun! We will end the week with a track & field meet vs Jordan on Friday August 1 from 8:30 am - 12:00 pm in Belle Plaine. Participants will receive camp t-shirt.

AGES: DATES:

SESSION 1:

SESSION 2:

LOCATION: INSTRUCTORS: COST: DEADLINE: 5 - 12 Year Old **Monday - Friday July 28 - August 1** 5 - 6 Years Olds 8:30 - 10:00 AM 7 - 12 Years Olds 8:30 - 10:30 AM



Athletic Complex High School Coaches & Athletes \$35.00 July 5 (to secure t-shirt)





#### TIGER CUBS BASKETBALL CAMP

This camp is for boys and girls in grades K - 2. Participants will learn basic skills and techniques, build self-esteem, encourage teamwork and fair play-all in a fun and challenging environment. Participants will receive a camp t-shirt. Grades reflect the upcoming 2025-2026 school year.

**ENTERING GRADES:** DATES:

TIMES:

INSTRUCTOR: LOCATION: COST: DEADLINE:

K - 2 Monday - Thursday July 14 - 17 Kindergarten: 9:00 - 10:00 AM 1st Grade: 10:15 - 11:15 AM 2nd Grade:11:30 AM - 12:30 PM Katie Graff Oak Crest Elementary \$40.00 June 23 (to secure t-shirt)



#### **GIRLS BASKETBALL CAMP**

The Tigers GBB camp will consist of varsity coaching staff and current athletes teaching the fundamentals of dribbling, lay ups, shooting form, defensive movements, and game like playing in a couple of formats. Skill development will be catered to the age levels and will be highlighted with various ways to practice each skill even after the camp is over. Each day's activities will have a competition at the end where players have the opportunity to win prizes. Participants will receive a camp t-shirt. Grades reflect the upcoming 2025-2026 school year.

ENTERING GRADES: DATES:	3 - 7 Monday - Thursday June 2 - 5
TIMES:	Grades 3 - 4:11:00 AM - 12:15 PM Grades 5 - 7: 12:30 - 2:00 PM
LOCATION:	Junior/Senior High - South Gym
INSTRUCTORS:	Carly Werner & HS Coaching Staff
COST:	\$60.00
DEADLINE:	May 13 (to secure t-shirt)



#### **BOYS BASKETBALL CAMP**

This camp is put on by Varsity Coach Brady Wohler, focusing on the fundamentals of basketball. Participants will receive a camp t-shirt. Grades reflect the upcoming 2025-2026 school year.

ENTERING GRADES: DATES:	3 - 8 Monday - Thursday June 9 - 12
TIMES:	Grades 5 - 6: 11:30 AM - 12:45 PM Grades 3 - 4: 1:00 - 2:00 PM Grades 7 - 8: 2:00 - 3:30 PM
LOCATION: INSTRUCTORS: COST: DEADLINE:	Junior/Senior High - South Gym Brady Wohler & HS Coaching Staff \$60.00 May 20 (to secure t-shirt)

#### TIGER BASKETBALL EXTREME SKILLS

This program will be intense, purposeful, and focused for our future 5th-8th grade boys and 5th-7th grade girls. The goal is to get the student-athletes in the gym for some structured skills and drills, along with time utilizing our Doctor Dish. Grades reflect the upcoming 2025-2026 school year.

ENTERING GRADES:	5 - 7 GIRLS
DATES:	Mondays & Wednesdays June 9 - July 23 (No camp June 30 & July 2)
TIMES:	Grades 5-7 (GIRLS): 11:15 AM-12:30 PM
ENTERING GRADES:	5 - 8 POYC
DATES:	BOYS Mondays & Wednesdays
TIMES:	<b>June 16 - July 30</b> (No camp June 30 & July 2) Grades 7-8 (BOYS): 12:45 - 2:00 PM
LOCATION:	Grades 5-6 (BOYS): 2:15 - 3:30 PM Junior/Senior High - North Gym
INSTRUCTORS:	Sara Linquist (Girls)
COST:	Brady Wohler (Boys) \$100.00

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#### **TENNIS CAMP**

#### TIGER CUBS VOLLEYBALL CAMP

A beginners volleyball camp that focuses on basic volleying and striking skills. Players will learn the fundamentals of passing, setting, and striking using various equipment to help them be successful and fall in love with the game. No knee pads necessary. Participants will receive a camp t-shirt. upcoming 2025-2026 Grades reflect the school vear.

K - 2

**ENTERING GRADES:** DATES:

TIMES:

LOCATION: **INSTRUCTOR:** COST: DEADLINE:

**Monday** - Thursday June 2 - 5 Grades K - 1: 9:00 - 9:45 AM Grade 2: 10:00 - 10:45 AM Junior/Senior High - South Gym **Chelsey Young** \$40.00 May 15 (to secure t-shirt)

#### **VOLLEYBALL CAMP GRADES 3 – 8**

This camp will cover the basics of volleyball, including passing, setting, attacking, serving, blocking and defense. Players will be taught through drills and exercises that will also teach proper jumping mechanics, agilities and coordination. Participants will receive a camp t-shirt. Grades reflect the upcoming 2025-2026 school year.

ENTERING GRADES: DATES:	3 - 8 Monday - Thursday
TIMES:	<b>July 14 - 17</b> Grades 3 - 5: 9:00 - 10:30 AM
HIVES.	Grades 6 - 8: 10:30 AM - 12:00 PM
LOCATION:	High School - South Gym
INSTRUCTOR:	Haley Fogarty
COST:	\$60.00
DEADLINE:	June 28 (to secure t-shirt)

#### **VOLLEYBALL CAMP GRADES 9 – 12**

Players will continue to work on all aspects of the game. They will be taught through drills and exercises that focus on passing, setting, hitting and serving. Participants will receive a camp t-shirt. Grades reflect the upcoming 2025-2026 school year.

ENTERING GRADES: DATES:

TIMF: LOCATION: INSTRUCTOR: COST DEADLINE:

9 - 12 Monday - Wednesday July 21 - 23 4:30 - 6:30 PM High School-South Gym Varsity Coaching Staff \$60.00 July 12 (to secure t-shirt)

Each session will work on developing the players both athletically and technically at each individual level! Younger age groups work to develop basic skills of movement, catching, throwing and hitting. Games will be played to improve balance racquet handling, increasing understanding of ball flight, hitting on the forehand and backhand side and serving. Participants will receive a camp t-shirt. Grades reflect the upcoming 2025-2026 school year.

**ENTERING GRADES:** DATES:

TIME:

COST: LOCATION: INSTRUCTOR: DFADLINE:

1-6 Monday - Thursday June 9 - 12 Grades 4 - 6: 9:00 - 10:00 AM Grades 1 - 3: 10:15 - 11:15 AM \$50.00 Tennis Courts Coach Melissa Hanson May 15 (to secure t-shirt size)



#### 5TH - 6TH GRADE FALL VOLLEYBALL

This is a traveling league to surrounding communities. \*Volunteer Coaches Needed\*

ENTERING GRADES: PRACTICE:	5 - 6 Mondays & Thursdays August 18 - October 2
TIME:	6:00 - 7:15 PM or 7:15 - 8:30 PM (rotating schedule)
LOCATION: GAMES:	High School/Oak Crest
COST:	September 6 - October 4 \$65.00



#### **UMPIRE CLINIC**

This is an opportunity to get trained in the skill of umpiring! This course will cover the basics and how to's, with hands-on learning. This clinic will include learning proper mechanics, positioning and proper timing on making calls. The city hires umpires every summer for youth baseball and softball games. Get your foot in the door by being properly trained!

AGES: DATE: TIME: LOCATION: INSTRUCTOR: COST: 13+ **Sunday, March 16** 4:15 - 6:15 PM High School - North Gym Michael Hanson \$20.00



#### SOFTBALL SKILLS CAMP

The goal of this summer camp is to provide an opportunity for skill development. Meet at Chatfield - Field C and we will work on infield, throwing mechanics, arm stretching, hitting and a variety of other skills. \*Grades reflect the upcoming 2025-2026 school year.

ENTERING GRADES:	1 - 6
DATES:	Mondays
	June 9 - July 21
	(No camp June 30)
TIME:	Grades 4 - 6: 10:00 - 11:00 AM
	Grades 1 - 3: 11:00 AM - 12:00 PM
LOCATION:	Chatfield - Field C
INSTRUCTORS:	Elizabeth Johnson & Current/
	Former Players
COST:	\$30.00





#### BASEBALL SKILLS CAMP 3 – 6

Meet at Tiger Field each day and we will cover infield work, throwing mechanics, arm stretching, hitting and a variety of other skills. \*Grades reflect the upcoming 2025-2026 school year.

ENTERING GRADES: DATES:

TIMES: LOCATION: INSTRUCTORS:

COST:

3 - 6 **Tuesdays/Thursdays June 17 - July 24** (No camp June 19 & July 1-3) Grade 5 - 6: 9:00-10:00 AM Grade 3 - 4: 10:00-11:00 AM Tuesdays - Field D Thursdays - Field D Thursdays - Tiger Park Pat Schultz & Current/ Former Players \$50.00

#### **BASEBALL SKILLS CAMP 7 – 8**

Meet at Tiger Field each day and we will cover infield work, throwing mechanics, arm stretching, hitting and a variety of other skills. \*Grades reflect the upcoming 2025-2026 school year.

7 - 8

ENTERING GRADES: DATES:

TIME: LOCATION: INSTRUCTORS:

COST:

Wednesdays June 18 - July 23 (No camp July 2) 10:15 - 11:15 AM Tiger Park Pat Schultz & Current/ Former Players \$30.00







Speed and strength sessions will have a theme each day to enhance athleticism for each participant. Sessions will focus on speed development, agility, upper and lower body explosiveness, core strength and stability, flexibility, and total body strength. Each athlete will receive an individualized workout program in the weight room and will be recorded and ranked in all of the activities, so athletes can see and track their improvements. Each participant will be given a t-shirt. Grades reflect the upcoming 2025-2026 school year.

#### SPEED & WEIGHTS: GRADES 7 – 12

ENTERING GRADES: DATES: 7 - 12 Mon/Tues/Wed/Thurs June 2 - July 31 (No camp June 19 & June 30 - July 3)

**OPTION A:** Time:

**OPTION B** : Time:

OPTION C: Time:

OPTION D: Time:

LOCATION: INSTRUCTORS: COST: **Entering Grades 9 - 12** 6:30 - 7:45 AM

**Entering Grades 9 - 12** 7:15 - 8:30 AM

**Entering Grades 9 - 12** 8:00 - 9:15 AM

**Entering Grades 7 - 8** 9:15 - 10:15 AM

High School Weight Room Belle Plaine Coaches \$150/\$350 family max

#### INTRO TO SPEED & WEIGHTS: GRADES 5 – 6

ENTERING GRADES: OPTION E:

TIME: LOCATION: INSTRUCTORS: COST: 5 - 6 Tues/Thurs June 3 - July 31

(No class June 19 & June 30 - July 3) 10:15 - 11:15 AM High School Weight Room Belle Plaine Coaches \$75/\$350 family max





#### **AIR TIGER CAMP**

#### **FOOTBALL SKILLS**

Each week will emphasize a different skill; guarterback, wide receiver, running back, offensive line, defense, blocking and tackling. Grades reflect the upcoming 2025-2026 school year.

ENTERING GRADES: DATES:

TIME: LOCATION: INSTRUCTORS: COST:

3 - 8 Mondays, June 9, 16, July 7, 14 & 21 (No camp June 30) 11:00 AM - 12:00 PM Chatfield Rec Fields **Dallas Giles & Players** \$25.00

#### LITTLE TIGER FOOTBALL CAMP K-2

This camp will be run by high school players and coaches and will focus on having fun and learning about the basics of football. Each day will focus on individual skill building, fun group competitions and small group play. A majority of the time will be spent learning about the fundamental skills for each position on the offensive and defensive sides of the ball. Participants will receive a camp t-shirt. Grades reflect the upcoming 2025-2026 school year.

ENTERING GRADES: K - 2 DATES: Monday/Wednesday/Thursday June 23, 25, 26 TIMF: 11:00 AM - 12:00 PM LOCATION: Chatfield Rec Fields **INSTRUCTORS: HS Coaches & Players** \$25.00 COST



#### LITTLE TIGER FOOTBALL CAMP 3-5

This camp will be run by high school players and coaches and will focus on having fun and learning about the basics of football. Each day will focus on individual skill building, fun group competitions and small group play. A majority of the time will be spent learning about the fundamental skills for each position on the offensive and defensive sides of the ball. Participants will receive a camp t-shirt. Grades reflect the upcoming 2025-2026 school year.

**ENTERING GRADES:** DATES:

TIME: LOCATION: **INSTRUCTORS:** COST:

3 - 5 Monday - Wednesday July 28 - July 30 6:00 - 7:30 PM Chatfield Rec Fields **HS Coaches & Players** \$40.00

"Air Tiger" Camp is open to any players who want to learn more about guarterback, wide receiver, and defensive back skills and techniques. Each session will focus on the skills and techniques for quarterback, wide receiver, and defensive back play. A majority of the camp will be spent on developing a stronger understanding of the skills required to play these positions and will also incorporate some 7 on 7 competitions.

ENTERING GRADES: DATES:

TIME: LOCATION: INSTRUCTORS: COST:

5 - 12 Sundays, June 8, 22, July 13 & 27 Entering grades 5 - 8 -- 6:00 - 7:00 PM Entering grades 9 - 12 -- 7:00 - 8:00 PM Chatfield Rec Fields Coach Frisell, Coach Giles & BPFB Alumni \$25.00

#### **FUTURE TIGER FOOTBALL CAMP 6-8**

This camp will be run by the high school football staff, with assistance from high school players. Each day will focus on individual skill building and basic offensive and defensive installation. A majority of the time will be spent working on fundamentals of each position on the offensive and defensive sides of the ball. Each night of camp will end with a competition along with small team games. Participants will receive a camp t-shirt. Grades reflect the upcoming 2025-2026 school year.

6 - 8

\$50.00

Monday - Thursday

July 28 - August 31

Chatfield Rec Fields

**HS Coaches & Players** 

6:00 - 7:30 PM

ENTERING GRADES: DATES:

TIMF: LOCATION: INSTRUCTORS: COST:

#### TIGER MINI CAMP

This camp will be run by the high school coaching staff. Each day will focus on installing base offense, defense and special teams schemes. Time will be spent doing individual skills, group work, and team installation. Participants will receive a camp t-shirt. Grades reflect the upcoming 2025-2026 school year.

**ENTERING GRADES:** DATES: TIME:

LOCATION:

**INSTRUCTORS:** COST:

9 - 12 Monday - Wednesday July 14 - 16 6:00 - 8:30 PM Athletic Complex -Football Field **HS Coaches & Players** \$40.00





#### FALL FLAG FOOTBALL K - 2

An exciting way to introduce children to the game of football. Learn the basics of offensive and defensive play, team spirit and will have fun in the process. Grades reflect the upcoming 2025-2026 school year.

ENTERING GRADES: DATES:

TIME: LOCATION: INSTRUCTOR: COST:

K - 2 Mondays September 8 - October 6 5:45 - 6:30 PM Chatfield Rec. Fields Football Staff \$35.00



#### FALL TACKLE FOOTBALL GRADES 5 – 6

This is an instructional league where players will be able to put on pads and helmets and get a feel for what tackle football is all about. They will be taught the fundamentals of the game of football. Grades reflect the upcoming 2025-2026 school year. Coaches are volunteer parents.

ENTERING GRADES: PRACTICE:

TIMF: LOCATION:

GAMES:

IOCATION:

INSTRUCTOR: COST:

5 - 6 **Tuesdays & Thursdays** August 5 - October 2 6:00 - 7:00 PM Chatfield Rec Fields

**Saturdays** September 6 - October 4 Chatfield Rec Fields & Travel Locations Volunteer Parents \$85.00



#### NFL FLAG FOOTBALL GRADES 3 – 4

This year we are organizing our 3 - 4 grade through NFL Flag Football, one of the largest, most recognized flag football organizations in the U.S. Players will learn skill development and basic fundamentals of football through practices and games each night. Teams will be divided with volunteer coaches assigned to each team before the start of the season. All kids will receive a league shirt and flag belt. Grades reflect the upcoming 2025-2026 school year. Coaches are volunteer parents.

ENTERING GRADES: DATES:

TIME: LOCATION: INSTRUCTOR: COST:

3 - 4

Mondavs August 18 - September 29 (No camp Sept. 1) 5:30 - 6:45 PM Chatfield Rec Fields Volunteer Parents \$50.00



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The Scott West Fishing program wants you to go fishing for them. Students ages 10 to 18 may compete in virtual and/or inperson bass fishing tournaments. The team will meet periodically throughout the season to gain fishing knowledge and create internal competition amongst the team. Fish on a team or individually with a parent.

24

Ages: 10 - 18 Season: April - September Cost: \$160

Parent-Athlete-Coach (PAC) Meeting -- Monday, March 3 6:00 PM - 7:00 PM CERC Multi-Purpose Room Scan here to learn more and register!

COMMUNITY EDUCATION

REC







### For adults with unique learning abilities

Magnifying Abilities is a social/recreational program for **persons 16 and older with intellectual and physical disabilities.** The program is designed to enhance community involvement and lifelong learning of people with disabilities. Individuals who participate in the program reside within Carver and Scott County.

☆ECCS COMMUNITY EDUCATION CE4ALL.ORG 952.556.6400



agnifyin

Belle Plaine BBQ Days July 18, 19 and 20, 2025 See ya then!



### **ADULT HEALTH & FITNESS**



### BPXC TRACK CLUB SUMMER STRENGTH & CONDITIONING PROGRAM

BPXC's Summer Strength and Conditioning program focuses on total body strength building, using a variety of resistance equipment and body weight exercises in the fresh air out at the track. Join this fun group of adults to build muscle, burn calories and improve your cardiovascular health. Families welcome. Adults interested in improving running techniques, working on track specialties and/or participating in Master's track & field are welcome to stay at the track for additional practice from 7-8pm. Questions? email: bpxctrackclub@gmail.com

DATES:

COST:

TIME: LOCATION: INSTRUCTORS:

**RAISE THE BAR** 

Monday & Wednesdays June 2 - July 30 (No class June 30 & July 2) 6:00 - 7:00 PM Belle Plaine Athletic Complex Lisa Jamison USATE L2 Sprints/Hurdles/Starts ACSM CPT Brian Jamison USATE L2 Endurance/Steeplechase/Raceway \$25.00

#### **STRETCH & FLEX YOGA**

Start your day with this enjoyable 45-minute yoga class. The focus is on opening, stretching, lengthening while building strength. Helps improve balance, flexibility and increase vitality. If you have been curious about practicing yoga, now is the perfect opportunity to discover the many wonderful health benefits. Classes are on-going. To register, please call Pat at (952) 836-4302 or email her at belleplaineyoga@gmail.com

DATES: TIME: LOCATION: INSTRUCTOR: COST: Mondays & Wednesdays 8:30 AM Natural Fitness Center 321 S. Walnut Street Pat Krings Certified Yoga Instructor \$6.00 per class



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WHY RAISE THE BAR FITNESS? Our fitness family believes we can do life better together! We understand that every person is unique, every goal is personal. We build healthy, happy humans by developing affordable, engaging workout communities. RTB workouts are full of variety, strength, CORE focused, sweaty, creative, and can be modified for all types of adult abilities and ages. Expect opportunities to lift weights, get your cardio fix and work with challenging equipment and fitness schemes that push everyone at their own pace. We do team challenges monthly, nutrition challenges that athletes can participate in and so much more to build our community, Belle Plaine Strong! This isn't a one time program or class, this is a true community that is being built to last! Classes never stop!

SESSION 26:	Mondays, Tuesdays, Wednesdays & Fridays March 31 - May 30
SESSION 27:	Mondays, Tuesdays, Wednesdays & Fridays
SESSION 28:	June 2 - August 1 Mondays, Tuesdays, Wednesdays & Fridays August 4 - October 3

TIME:5:00 - 6:00 AMLOCATION:High School North Gym/Weight RoomINSTRUCTOR:Andrea GerresCOST:\$85.00 a session





# ADULT HEALTH & FITNESS

#### SUNSET SNOWSHOE FOR WOMEN Clearly Lake Regional Park

Join Outdoor Recreation School instructors and other outdoorswomen for a scenic snowshoe hike. Enjoy the sunset while exploring the snowy trails. We will hike if no snow. Women, femme, and non-binary folks are welcome at this program. Equipment provided. Reservations required by 24 hours prior. Register at: www.threeriversparks.org or by calling (763) 559-6700.

AGES DATES: INSTRUCTOR: COST: 14+ Saturday, March 1 Three Rivers Park District \$6.00



#### **GREENFIT NORDIC WALKING: SCOTT COUNTY** Clearly Lake, Doyle Kennefick, Murphy Hanrehan

Explore trails, meet new friends, and feel the health benefits of exercising in nature. Outdoor Recreation School educators provide instruction about the use Nordic walking poles, technique and lead a weekly hike. Most of the hikes will be on unpaved dirt trails. Experience the whole-body benefits that Nordic pole hiking provides while also experiencing the social benefits of the club. Register at: www.threeriversparks.org or by calling (763) 559-6700.

AGES DATES:

TIME: INSTRUCTOR: COST: 16+ **Thursdays April 3,10,17** 6:00 - 7:30 PM Three Rivers Park District \$18.00



#### **SPRING HIKING CLUB**

Welcome the beauty of spring with Saturday morning hikes! Explore the park district's Scott County parks with an Outdoor Recreation School Instructor. Hike trails at Cleary Lake Regional Park, Cedar Lake Farm Regional Park, Murphy-Hanrehan Park Reserve, Doyle-Kennefick Regional Park and Spring Lake Regional Park. Get outdoors, connect with nature and enjoy a supportive community. Expect variable trail conditions. Locations subject to change – an updated schedule will be provided to registered participants. Register at: www.threeriversparks.org or by calling (763) 559-6700.

AGES DATES

#### 18+ Saturdays

April 12 – Murphy-Hanrehan Park Reserve April 19 – Doyle-Kennefick Regional Park April 26 – Spring Lake Regional Park May 3 – Cleary Lake Regional Park May 10 – Cedar Lake Farm Regional Park 10:00 - 11:30 AM Three Rivers Park District \$30.00

TIME: INSTRUCTOR: COST:





#### **T-SHIRT/JERSEY QUILT CLASS**

This class is for anyone - No experience necessary but you must have access to a working sewing machine. Create and design a 72x90 T-Shirt Quilt by digging out your favorite T-Shirts, Jerseys or Sweatshirts from School, Vacations, Play, Sports, Dance, family memories, etc. Additional supplies such as fabric for the sashing, borders and binding can be purchased from the instructor or on your own. 10 yards of fabric is required to complete this quilt. Specific yardage as well as ways to quilt the top will be discussed at the first class. Anne offers class participants a special of \$95 to professionally machine quilt your T-Shirt Quilt. Class includes \$30 of T-Shirt interfacing.

You do not need to bring your sewing machine to the first class. Please bring a 45mm rotary cutter to the first class.

DATES:	Tuesdays, February 25,
	March 4, 11 & 18
TIME:	6:00 - 8:00 PM
LOCATION:	Down Under Quilting Studios
	196 W. 280th Street
	New Prague, MN
INSTRUCTOR:	Anne Pexa
COST:	\$70.00 (includes \$30 of t-shirt interfacing)

### **ADULT TRIP**

#### **37 POST CARDS** Daytripper's Dinner Theatre

Written like a 1930's screwball comedy! In this play, young Avery Sutton and his fiance return from an eight year stint in Europe only to find his already eccentric family has gone certifiably insane! Things have changed. The house is on a tilt, the dog is feral, his grandmother (presumed dead) is alive and kicking!

The Suttons are just a quirky, funny, loving family. So Avery and his bride to be have to either accept their oddities or leave them behind. Well - the couple discover that you can in fact go home again. You just never know what you'll find!



**BELLE PLAINE COMMUNITY CHOIR** 

The Belle Plaine Community Choir will be starting practices late Spring with a concert planned for Friday, August 8th. This community group is for men and women, high school age and older who love music. No audition/experience required. All are welcome.

DATES:

TIME: DIRECTOR: LOCATION: COST: Wednesdays May 14 - August 6 7:00 - 8:15 PM Colin Schultz First Presbyterian Church 219 W. Main St. \$35.00

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DATE: TIME: LOCATION: COST:

**REGISTER BY:** 

#### Thursday, April 24 Depart Jordan (Clancy's): 10:30 AM Arrive back around 4:00 PM Daytripper's Dinner Theatre -Plymouth, MN \$99.00 (includes show, coach bus & lunch) April 10

\*Lunch will be on site -- Quarter savory roast chicken, basked lasagna, tusvan vegetable medley, garden salad with assorted dressings, mashed potatoes, assorted rolls, dessert and coffee/tea.





SAVE MONEY WITH EXTREME COUPONING \*ONLINE CLASS\*

Learn how to save \$\$\$ every day with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you:

- Where to find all different types of coupons, even for high ticket items
- How to find the best coupon apps and websites
- How to match coupons with sales for maximum savings

This workshop is taught by someone who has used many couponing secrets to save thousands. Informative handouts for future use are included in class fee. The webinar login information will be e-mailed the day before class.

DATE:	Thursday, July 10
TIME:	3:00 - 4:00 PM
INSTRUCTOR:	LeeAnne Krusemark
COST:	\$25.00

#### HOW TO START ANY HOME BUSINESS \*ONLINE CLASS\*

Tired of working for someone else? Do you need to make more money?Turn your talents and hobbies into profits by starting a home business.TaughtbyaChamberofCommercePastPresidentandaward winning business owner, this is probably the most comprehensive business start up workshop you will ever find. You will discover:

- more than 250 legitimate home business ideas
- mandatory legal documentation
- many ways to market your product/service
- how to take tax deductions (this workshop included!)

Informative handouts for future use are included in class fee. The instructor LeeAnne Krusemark is a Chamber of Commerce Past President, current author/editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. Webinar login info will be emailed the day before class.

DATE: TIME: INSTRUCTOR: COST: **Wednesday, July 30** 4:00 - 6:00 PM LeeAnne Krusemark \$30.00

#### MONETIZE WEBSITES, BLOGS, AND SOCIAL MEDIA WITH AFFILIATE MARKETING \*Online class\*

Earn a passive monthly income from selling other people's products by placing a merchant-provided advertisement link on your site and get a commission for every sale, click or lead. Learn where to find 1000+ free and low cost opportunities and how to avoid scams or links that won't offer a beneficial ROI (return on investment). Learn how to find high, recurring, and second-tier commissions. You'll also learn SEO secrets to increase your site's ranking and visibility on search engines like Google. Informative handouts for future use are included in class fee. The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. The webinar login information will be e-mailed the day before class.

DATE:	Thursday, July 24
TIME:	6:00 - 8:00 PM
INSTRUCTOR:	LeeAnne Krusemark
COST:	\$30.00

#### **BEGINNER'S GUIDE TO USING FREE CHATGPT (AI) FOR WRITERS** \*Online class\*

ChatGPT (AI) is here to stay and is the future for writers and content creators. Don't be left behind! No prior AI experience required. Do you want to learn how to incorporate the power of cutting-edge technology to gain ideas and inspiration, write web content, articles, and even novels or scripts? You'll learn how to: register for a FREE ChatGPT account input effective writing prompts to avoid nonsense responses build creative content, from stories to marketing copy determine its capabilities and limitations understand ethical/legal considerations. There's no doubt ChatGPT and similar AI systems will force the job market to evolve. It's crucial for everyone to adapt, learn new skills, and be open to working in collaboration with AI, so start building your expertise in the world of ChatGPT now! The webinar login information will be emailed the day before class.

DATE: TIME: INSTRUCTOR: COST: **Thursday, July 24** 4:00 - 6:00 PM LeeAnne Krusemark \$30.00



#### **DE-AGE YOUR BRAIN** \*ONLINE CLASS\*

#### IMPROVE YOUR HEALTH AT ANY AGE \*ONLINE CLASS\*

Every day, your body makes about 330 billion new cells which means 3.8 million cells are replaced every SECOND! This means every second is an opportunity to make every system in your body healthier. The quality of cell your body can produce this second is very dependent on what raw materials you have floating around your bloodstream. Studies show you can be 50 and have the physiology of a 30-year-old (and vice versa), depending on how well you take care of yourself. What you do now greatly affects your health and well- being now and in the future. Nothing beats good health! We'll discuss simple steps you can take now to help make every system in your body as healthy as possible.

DATE:	Tuesday, April 1
TIME:	6:00 - 7:30 PM
INSTRUCTOR:	Janice Novak
COST:	\$29.00

#### ACUPRESSURE TO RELIEVE STRESS, ANXIETY & INSOMNIA \*Online class\*

Acupressure is an ancient healing art and self-help tool. It can offer great relief with no side effects and help you feel your best. Along with the specific points to help relieve stress, insomnia, anxiety, irritability and even weight gain, learn the Nine Master Pressure Points which are the most helpful and most frequently prescribed to help and assist every system in your body.

DATE:	Tuesday, June 4	
TIME:	6:00 - 7:30 PM	Online
INSTRUCTOR:	Janice Novak	
COST:	\$29.00	= Amara
WOMEN, WEIGHT & HO *ONLINE CLASS*	DRMONES	

Are you finding no matter how well you watch what you eat or how much you exercise weight is not budging? Your inability to lose weight probably has more to do with hormone levels than anything else. Until imbalances are corrected, trying to lose weight will be like shoveling sand against the tide. We'll discuss which hormones are involved and what can be done to correct imbalances; concrete solutions for controlling appetite and cravings; major sources of hormone mimicking chemicals and how to get rid of them; what HRT or birth control pills have to do with weight gain; how to have your hormone levels checked reliably; what steps need to be taken to safely break the vicious cycle of hormone related weight gain.

DATE:	
TIME:	
INSTRUCTOR:	
COST:	

**Tuesday, June 3** 6:00 - 7:30 PM Janice Novak \$29.00 \*ONLINE CLASS\* Research shows lifestyle and diet have a big effect on HOW the brain

ages. Cognitive function, which covers all aspects of perceiving, thinking and reasoning, CAN improve. And the very good news is no matter what your age, there are things you can do to improve how quickly and effectively brain cells communicate with each other. We'll discuss which 'superfoods' reduce the damaging effects of toxins and inflammation on the brain and which nutrients are great for memory, attention, processing information and reducing stress. You'll learn simple, easy strategies to help your brain stay healthy and alert.

DATE: TIME: INSTRUCTOR: COST: **Tuesday, April 8** 6:00 - 7:30 PM Janice Novak \$29.00

#### AVOID THE PITFALLS OF PERIMENOPAUSE/MENPAUSE \*ONLINE CLASS\*

Perimenopause starts around 35 for most women and can last 10-15 years. Common symptoms include fatigue, migraines, weight gain, water retention, depression, sleep disturbances, joint aches, hot flashes, migraines, exaggerated PMS and more. Once you understand exactly what is causing all the troublesome symptoms, they are much easier to correct. We'll discuss how to get hormone levels measured - blood test vs. saliva test and what to do with the results; traditional HRT vs. bio-identical; acupressure points to assist in symptom relief and nutritional musts. You'll leave with multiple tools and techniques for restoring health & well-being.

DATE:	Monday, June 2
TIME:	6:00 - 7:30 PM
INSTRUCTOR:	Janice Novak
COST:	\$29.00

#### THE ART OF AGING WELL: PEEL YEARS OFF YOUR BIO AGE \*ONLINE CLASS\*

Your chronological age is the number of years you have been alive. It is a fixed number and cannot be changed. Your biological or bio age, however, is measured by how well your organs and body systems work. And there are many things you can do to affect your biological age. You have more control over how your body ages than you may think. Research has shown us that you can peel years off your bio age. In this workshop, you will learn simple, scientifically proven things you can do right now to decrease your body age. We will do a few facial acupressure points to help erase years from your face naturally.

DATE: TIME: INSTRUCTOR: COST: **Tuesday, May 6** 6:00 - 7:30 PM Janice Novak \$29.00





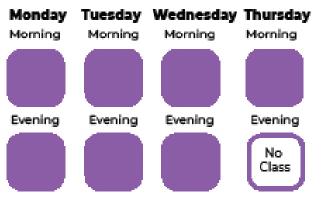
SouthWest Metro Intermediate District



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- 🐌 English
- GED Prep
- Citizenship

### **Class Schedule**



### Locations

- 🌰 Chaska
- Shakopee
- Online



Click Here to schedule a test to enroll in classes!

Contact SouthWest Metro at (952) 567-8128 www.swmetro288.org

> District Offices located at 4601 Dean Lakes Blvd. Shakopee, MN 55379



### **OFFICE HOURS**

Monday - Friday 7:30 am - 3:30 pm

Orin Kruschke Betsy Ollhoff Tracy O'Brien

ADVISORY COUNCIL MEMBERS Karl Keup M Cassie Koch Ja Ryan Laager S

COMMUNITY EDUCATION

Matt Lenz James Evans Serenity Cox

The Community Education Advisory Council is composed of members of the community. The council functions in cooperation with Community Education staff in an advisory capacity to promote the goals and objectives of Community Education. Members provide valuable feedback from the community perspective to advise staff on the development of the department.

#### SCHOOL CLOSINGS

If inclement weather forces the District #716 schools to start late, morning Preschool and ECFE class will be cancelled. Afternoon and evening classes and activities will meet as scheduled. If school is cancelled all Community Education, Preschool and ECFE class and activities will be cancelled. All facilities will be closed as well. If school is dismissed early all Community Education, Preschool and ECFE class and activities for the remainder of the day and evening are cancelled. All facilities will be closed as well. Emergency school closings can be found at www.isd716.org and with messages from the district instant alert system. Announcements can also be found on television channels KSTP 5, KARE 11 & WCCO 4.

#### INSURANCE

The Community Education Department does not provide accident insurance for participants in any of its programs. Participants assume all inherent risk of injury resulting from their involvement in programs or activities outlined in this brochure.

#### **UPDATES**

Additional information and program reminders will on the Community Education School Web-site and Facebook.

#### **GIFT CERTIFICATES**

Gift Certificates are available for classes, activities, special events, trips or any other program offered through the Community Services Department. They may be purchased for any amount at the Community Ed Office.

#### **EMPLOYMENT OPPORTUNITIES**

The Belle Plaine Community Education Department welcomes applications for various seasonal jobs. Job opportunities include supervision of youth activities, gymnasiums and officiating sporting activities.

#### **USE OF SCHOOL FACILITIES**

Belle Plaine Public Schools are available to public organizations & groups, subject to policies and procedures. Please contact Community Education or the School District Center for details. Belle Plaine Public School District is a substance free area. Thank you for not using tobacco on school property.





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#### **Belle Plaine Community Education / Recreation / ECFE Registration Form**

Please fill out registration completely and either mail/drop off at Community Ed or e-mail the information directly to: communityed@belleplaine.k12.mn.us Incomplete forms may delay processing.

Parer	Parent/Guardian Name (First)			arent/Guaro	lian Name	e (Last)		
Addro	ess		н	ome Phone	e with Area	a Code		
City		Zip		Daytime Phone With Area Code				
Emer	gency Contact Name/Nu	ımber	E	-mail				
	Participant (first name)	Participant (last name)	Date of Birth	Age	M/F	Grade	Sport, Class, Trip or Event	Cost
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#### PAYMENT MUST BE MADE AT TIME OF REGISTRATION

PAYMENTTYPE <pre>Description: Check (#</pre>	)	(Make checks payable to: Belle Plaine Community Ed.)
$\square$ Mastercard	🗆 Visa	Card # EXP. Date:
		Signature:
		(only required if paying by credit card)

I hereby release, absolve and hold harmless Belle Plaine Community Education and School District #716, its officers, employees and agents from any damage resulting from injury incurred by me or my child while participating in the above mentioned programs. I understand Belle Plaine Community Education and School District #716 assume no responsibility before, during or after the program. By registering with Community Education I understand I am responsible to follow all registration, cancellation, and facilities policies.

I am interested in coaching:	YES Name:	Phone:
I give permission for the above i	information to be inclu	uded on a published class list. $\Box$ Yes $\Box$ No
I give permission for photo/vide	o of my family to be u	ised in program displays, advertising, and/or on the district website.

#### SIGNATURE:

(If under 18 years of age, parent or legal guardian must sign)

Belle Plaine Community Ed 220 S. Market St. Belle Plaine, MN 56011 E-mail: communityed@belleplaine.k12.mn.us Website: www.isd716.org Phone: (952) 873-2411



### **SWIM LESSON INFORMATION**

Registration begins Tuesday, April 1 at 7 am (Online) www.belleplainemn.gov

218 North Meridian Street | 952-873-5553



**AQUATIC FACILITY** 

203 West Prairie Street | 952-873-2333

### **ADMISSION FEES**

Regular Admission	\$6.00/ Session per person (age 3 & under free)	
Family Pass (for entire season)	\$150.00	
	Up to 4 family members (\$20.00 each additional immediate family member*)	
Single Pass (for entire season)	\$80.00	
<b>Swim Lessons</b> (American Red Cross Structured Group Classes)	\$40.00 \$15.00 Cancel / Change Fee	
	Financial based scholarships available. Must apply before registering for lessons.	
Junior Lifeguard	\$60.00	
Junior Swim & Fitness Club	\$20.00	
* Eamily definition: Immediate family members consisting of up to 2		

\* Family definition: Immediate family members consisting of up to 2 adults (parent/guardian) and their dependent children under the age of 23, all must live in the same household, for more information see Aquatic Facility rules and regulations.

#### SEASON PASS INFORMATION

#### PHOTOS ARE REQUIRED ON AQUATIC PASSES

The City of Belle Plaine requires photo identification on aquatic passes. Photos are taken at City Hall (218 North Meridian Street) during regular office hours (Monday – Friday 8:00 a.m. - 4:30 p.m.) and during extended hours at **City Hall** on the following dates:

Wed., May 28	8:00 a.m 7:00 p.m.
Fri., May 30	8:00 a.m 7:00 p.m.
Sat., May 31	10:00 a.m 2:00 p.m.
Tues., June 3	8:00 a.m 7:00 p.m.
Thurs., June 5	8:00 a.m 7:00 p.m.
Sun., June 8	10:00 a.m 2:00 p.m.
Thurs., June 12	8:00 a.m 7:00 p.m.

Season passes can be purchased on-line at www.belleplainemn.gov or at City Hall. Season passes must be purchased before photo is taken. Questions or concerns please call 952-873-5553.

#### **RESIDENT AQUATIC CARD INFORMATION**

\* The Resident Aquatic Card allows residents free admission during designated open swim hours. To receive the resident aquatic card, residents who live with-in the city boundaries, must pre-register with address and/or utility account to qualify for the Resident Aquatic Card. Registration is accepted in person at City Hall during regular business hours. Allow up to two business days for processing if mailed in. Registration is processed during regular business hours at City Hall. **If you have an Aquatic Center season pass you do not need to register for the Resident Aquatic card.** 

#### **YOUTH ACTIVITIES GRANT PROGRAM**

For those looking for assistance in covering registration fees, the City of Belle Plaine offers the Youth Activities Grant Program. Implemented in 2014, the Program provides grants to income eligible families in need of financial support with enrollment fees for City sponsored recreational activities (T-Ball, Squirts, Baseball, Softball & Swim Lessons). The enrollment fees may be waived or reduced, based on the income eligibility guidelines of the National School Lunch Program. An application; available at City Hall or by emailing *jwadsley@belleplainemn.gov*, should be submitted to City staff before registering in order to be considered for the program. Enrollees must be City of Belle Plaine residents. Questions regarding the program or eligibility requirements can be directed to City Hall at 952-873-5553.

### SAVE THE DATE!

June 18	Disney	July 30	Halloween in July	,
July 2	Red, White & Blue	Aug. 11	Dive In Movie Night	
July 16	Christmas In July	Aug. 13	Beach Party	

veen in JulyActivities will be posted at the AquaticMovie NightCenter Facility, City website, CableBeach PartyChannel 8, & the City Facebook page.

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**AQUATIC FACILITY** 

203 West Prairie Street | 952-873-2333



**Open Daily - 7 Days a Week** 

\$6.00 Admission per person/ per session

Children 3 and under FREE

**OPEN SWIM HOURS** 

Monday – Friday Session One: 1:00 PM – 5:00 PM Monday – Friday Session Two: 6:00 PM - 9:00 PM Saturday & Sunday – 11:00 PM – 9:00 PM

#### **RESIDENT FREE ADMISSION DURING OPEN SWIM HOURS**

(for Residents with Resident Aquatic Card\*) Thursday – 6:00 PM – 9:00 PM Sunday – 11:00 AM - 3:00 PM Must present your Resident Aquatic Card for free admission.

#### **AQUA FITNESS**

Fee: \$4.00 Admission or Aquatic Pass Monday & Wednesday – 7:00 AM – 8:00 AM Tuesday & Thursday – 8:00 AM – 9:00 AM

#### LAP SWIM

Fee: \$4.00 Admission or Aquatic Pass Monday & Wednesday – 6:30 AM – 8:00 AM Tuesday & Thursday – 7:30 AM – 9:00 AM Saturday – 10:00 AM – 11:00 AM

\*The Resident Aquatic Card allows residents free admission during designated open swim hours listed above. To receive the resident aquatic card, residents who live with-in the city boundaries, must pre-register with address and/or utility account to qualify for the Resident Aquatic Card. Registration is accepted in person at City Hall during regular business hours. Allow up to two business days for processing if mailed in. Registration is processed during regular business hours at City Hall. If you have an Aquatic Center season pass you do not need to register for the Resident Aquatic card.

\*The Belle Plaine Aquatic Center is owned, operated and fully funded by the City of Belle Plaine. The City of Belle Plaine has defined a resident as an individual who lives within the city limits and pays city tax dollars.



**AQUATIC FACILITY** LEARN TO SWIM - SWIM LESSON SCHEDULE

#### Session Dates and Times Subject to Change

		10:30-11:10 a.m.	11:15-11:55 a.m.	12:00-12:40 p.m.	5:10-5:50 p.m.
Session 1		Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots
June 2-13		Level 1	Level 1	Level 1	Level 1
		Level 2	Level 2	Level 2	Level 2
		Level 3	Level 3	Level 3	Level 3
		Level 4/5	Level 4/5	Level 4/5	Level 6
		10:30-11:10 a.m.	11:15-11:55 a.m.	12:00-12:40 p.m.	5:10-5:50 p.m.
Session 2		Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots
June 16-27		Level 1	Level 1	Level 1	Level 1
	100	Level 2	Level 2	Level 2	Level 2
		Level 3	Level 3	Level 3	Level 3
		Level 4/5	Level 4/5	Level 6	Level 4/5
	9:45-10:25 a.m.	10:30-11:10 a.m.	11:15-11:55 a.m.	12:00-12:40 p.m.	5:10-5:50 p.m.
Session 3	Junior Lifeguard	Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots
July 7-18		Level 1	Level 1	Level 1	Level 1
		Level 2	Level 2	Level 2	Level 2
		Level 3	Level 3	Level 3	Level 3
		Level 4/5	Level 4/5	Level 6	Level 4/5
		10:30-11:10 a.m.	11:15-11:55 a.m.	12:00-12:40 p.m.	5:10-5:50 p.m.
Session 4		Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots
July 21 - Aug. 1		Level 1	Level 1	Level 1	Level 1
	1 P.	Level 2	Level 2	Level 2	Level 2
		Level 3	Level 3	Level 3	Level 3
	<u> </u>	Level 4/5	Level 4/5	Level 6	Level 4/5
	5:10-5:50 p.m.				
Session 5	Level 1	Lesson Fees			
Aug. 4 - 15	Level 2	\$40.00 per person/per session (\$15 Cancellation/ Change Fee) *Please note there is a cancellation/ change fee per lesson.			
	Level 3				
	Level 4/5				
		l Swir	mming lessons ar	e 35 minutes in ler	ngth.

### **Toddler** Time

For children 5 years old and under. Spend time with your toddler in the water without distractions from older children. Parent must be in the water with child. Lifeguards will be on site, but not teaching swim lessons.

Session 1.... June 14, 21, 28...... 10:00 - 11:00 a.m. Session 2.... July 26, August 2 & 9...... 10:00 - 11:00 a.m. Fee \$12 • Register Online • Limited spots available.



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**AQUATIC FACILITY** SWIM LESSON COURSE DESCRIPTIONS

#### TINY TOTS - For children ages 3 1/2 - 4 years old

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This class is for children with little swimming experience. Goal is to build up confidence and independence in the water. The children will experience blowing bubbles, kicking & floating.

#### LEVEL 1: INTRODUCTION TO WATER SKILLS \* Must be 5 years old by the first day of class

Participants learn to feel comfortable in the water and enjoy the water safely. Fundamental aquatic skills are taught to develop good swimming habits and safe practices in and around the pool. Participants learn to:

- Blow bubbles and submerge face
- Float on front and back with support
- Swim on front and back with support
- Basic water safety rules

- Retrieve submerged object
- LEVEL 2: FUNDAMENTAL AQUATIC SKILLS

This level marks the beginning of true locomotion skills. Students are performing skills without support and developing arm and leg actions that lay the foundation for future strokes. Participants learn to:

- Submerge entire head
- Roll over front to back, back to front
- Swim on front and back 5 body lengths
- Float and glide on front and back
- Swim on front and back alternating arm action

#### LEVEL 3: STROKE DEVELOPMENT

Increase proficiency and build on the aquatic skills learned in Level 2 by providing additional practice with increased distances and times. Participants learn to:

- Jump into deep water & tread water 30 seconds Rotary breathing
- Diving from a sitting and kneeling position Swim using the dolphin kick for 3-5 body lengths
- Front crawl, back crawl, elementary backstroke, sidestroke 15 yards

#### LEVEL 4: STROKE IMPROVEMENT

Participants improve skills worked on in Level 3 and endurance for front crawl, back crawl, elementary backstroke, sidestroke and breaststroke. Participants learn to:

- Dive from a standing position
   Swim sidestroke, back crawl, breaststroke and butterfly 15 yards
- Perform open turns on front and back Perform a feet-first surface dive and swim underwater
- Swim front crawl and elementary backstroke for 25 yards each

#### LEVEL 5: STROKE REFINEMENT

Participants refine their performance of all the strokes and increase distances. Participants learn to:

- Perform a long shallow dive
- Perform tuck and pike surface dives
- Perform flip turns
   Swim front crawl and elementary backstroke for 50 yards
- Swim butterfly, back crawl, breaststroke and sidestroke for 25 yards

#### LEVEL 6: SWIMMING AND SKILL PROFICIENCY

Personal Water Safety, Lifeguard Readiness & Fitness Swimmer. Participants swim strokes with more ease, efficiency, power and smoothness over greater distances. Participants learn to:

Compact jump

Perform flip turns while swimming

Rescue breathing

- Survival swimming/with rescue tube
- Care for conscious, choking victim/backboarding Swim front and back crawl for at least 100 yards
- Swim butterfly, elementary backstroke, breaststroke and sidestroke for 50 yards

#### JUNIOR LIFEGUARD: June 3 - 14 | 9:00 - 10:15 a.m.

This course will teach water safety and introduce participants to the duties and responsibilities of a lifeguard; however, this course WILL NOT CERTIFY ANYONE TO BE A LIFEGUARD. It will build a foundation of knowledge, attitudes and skills preparation for the American Red Cross Lifeguarding course when the student turns 15 years of age. Must complete level 6 swim lessons. Classes will only be held if the minimum number of participants are registered.



**REGISTRATION** swim lessons, baseball, softball, t-ball

#### Register on-line at www.belleplainemn.gov

	Parent or Guardian Last Name:	First Name:		
FOR ALL REGISTRATIONS	Participant Name:			
	Address:	Email:		
	Home Phone: (	Cell Phone:		
	Payment info: Credit Card #		Exp. Date:/	
	Name on the Card: Make checks payable to City of Belle Plaine, PO E			
EQUIRED	Participant Waiver: I fully recognize that certain risks are involved when participating in this activity. I appreciate that every precaution will be taken, but in case of injury I will not hold The City of Belle Plaine or its employees liable.			
RE	Signature: I hereby grant permission for my child to participate in pic chosen for publication. YES NO			
	1st Registrant Name:	2nd Registrant Name	:	
SNO	Level: DOB:		DOB:	
S	Option 1 Session: Time:			
LES	Option 2 Session: Time:		Time:	
	Option 3 Session: Time:		Time:	
SWIM	Classes will be based on availability. You will be notified which	class & Session you were	e given.	
"	\$40 per session (\$15 Cancellation/Change Fee)			
	Coaching? (please circle): Yes - I will help coach my child's t	eam No - I am unab	ble to coach this year	
T-BALL	Coach Name:	Coach T-shirt Adult Siz	zes: S M L XL XXL	
<mark>&amp; т</mark> -I	Coach Phone Number:	Coach Email:		
ALL,	**All volunteer coaches are required to complete a background check prior to the first practice.			
SOFTB/	<b>Team Requests:</b> There are no guarantees that requests will be granted. Your first request must be reciprocated by another child's first request. If there are too many children linked together, the link will be broken. Please put top priority.			
	1	2		
BASEBALL,	*Teams requiring a draft do not accept requests.	#140 M-1		
B	#100 - Minor League T-ball (Kind. Fall of 2026) \$20		-ball (Kind. 2024-25 & Fall 2025-26) \$35	
ASI	#200 - Squirts Baseball (Grades 1 & 2 / 2024-2025) \$35	•	(Grades 1 & 2 / 2024-2025) \$35 ades 3 & 4 / 2024-2025) \$60	
B	#300 - LL Baseball (Grades 3 & 4 / 2024-2025) \$60		,	
	#500 - LL Baseball (Grades 5 & 6 / 2024-2025) \$60	#000 - LL Sondall (Gra	ades 5 & 6 / 2024-2025) \$60	



### Baseball and Softball leagues are available for 3rd & 4th grades and 5th & 6th grades (2024 - 2025 school year). These are non-tryout traveling leagues.

Local League Baseball and Softball is a recreational league designed around player development, skills and strategies of the game. There will be some local traveling to neighboring towns. Parents will be responsible for transportation. Players will get an informational email from their coach after the coaches meeting has been held. **Volunteer coaches are needed; 2-3 per team.** Traveling may include, but is not limited to: Belle Plaine, Norwood Young America, Waconia, St. Bonifacius, New Prague, Glencoe, Jordan, and Carver. Games time are typically 6:00 or 6:30 but depend on field availability. 7:30 or 8:00 start on lighted fields is possible.

#### **Play Nights:**

Baseball Practices:	6:00 p.m.
	May 13, 15, 20, 22, 27, & 29
Softball Practices:	6:00 p.m.
	May 7, 12, 14, 20, 21, 28
Games:	Baseball - Tues & Thurs - beginning end of May or early June
	Softball - Mon & Wed - beginning end of May or early June

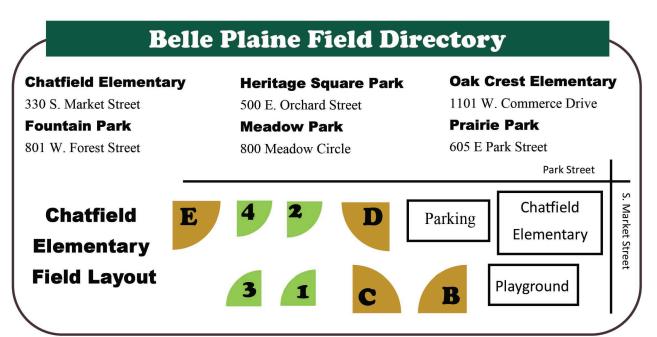
**Fee:** \$60 (includes t-shirt, cap or visor, balls, game and field supplies, umpires & league fees) Teams will be divided evenly by the coaches after the first week of practice.

#### **Coaches Meetings:**

**Baseball**: May 13 at 5:30 p.m., May 15 at 7:30 p.m. **Softball:** May 7 at 5:30 p.m., May 12 at 7:30 p.m.

#### Photos:

**Baseball:** May 20 at 6:00 p.m. **Softball:** May 20 at 6:00 p.m. *All dates and times are subject to change based on registration numbers.* 





### T - BALL & COACH PITCH LEAGUES

Register for T-ball and Squirts by April 9th to guarantee a spot on your team. Register on-line now at www.belleplainemn.gov.

#### **Minor League T-ball**

Minor League T-Ball is an organized game designed for youth skill development. Learn the beginning fundamentals of baseball/softball in a fun way. Players will get an information email from their coach after the coaches meeting has been held. Volunteer coaches are needed, 2-3 per team.

Class #: 100 Ages: Must be 3 years old by June 2, 2025 Photo Day: June 9 Play Nights: Mondays, June 2, 9, 16, 23, 30, July 7 Rain Date: July 14 (only used if regular scheduled game is rained out) Game Time: 6:00 p.m. Site: Chatfield Rec Fields Fee: \$20.00 Includes a team T-shirt.

#### **Squirts Instructional League**

Squirts is a coach pitch baseball and softball league. The basic instruction of baseball and softball will be introduced. Players will get an information email from their coach after the coaches meeting has been held. Volunteer coaches are needed, 2-3 per team.

Class #: Baseball #200 Softball #210 Ages: Grades 1 & 2 / 2024-2025 school year Photo Day: June 4 Play Nights: Mondays and Wednesdays, June 2, 4, 9, 11, 16, 18, 23, 25, 30 July 2, 7 & 9 Rain Dates: July 14 & 16, (only used if regular scheduled game is rained out) Game Time: 6:00 p.m. or 7:15 p.m. Site: Chatfield Rec Fields Fee: \$35.00 Includes a team T-shirt.

#### **Major League T-ball**

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#### Class #: 150

Ages: Current Kindergartner 2024-2025 or Fall 2025-2026. A child born after August 31, 2020 is not eligible. Photo Day: June 5 Play Nights: Tuesday and Thursdays, June 3, 5, 10, 12, 17, 19, 24, 26, July 1 & 8 Rain Dates: July 10 & 15 (only used if regular scheduled game is rained out) Game Time: 6:00 p.m. or 7:15 p.m. Site: Chatfield Rec Fields Fee: \$35.00 Includes a team T-shirt.

#### Register By Wednesday, April 9

Registrations will only be accepted after April 9th, if spots are available. Coaches Meeting is Tuesday, May 13 at 6:30 p.m. at Belle Plaine City Hall. Enter through the Council Chamber doors on the north side of the building.

#### **VOLUNTEER COACHES NEEDED FOR ALL LEVELS**

T-ball, Squirts, Softball & Baseball Interested? Email Jason Wadsley jwadsley@belleplainemn.gov





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